।। सा विद्या या विमुक्तये ।।



## स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ, नांदेड

"ज्ञानतीर्थ" परिसर, विष्णुपूरी, नांदेड - ४३१६०६ (महाराष्ट्र)

#### SWAMI RAMANAND TEERTH MARATHWADA UNIVERSITY NANDED

"Dnyanteerth", Vishnupuri, Nanded - 431606 Maharashtra State (INDIA) Established on 17th September 1994 – Recognized by the UGC U/s 2(f) and 12(B), NAAC Re-accredited with 'A' Grade

## **ACADEMIC (1-BOARD OF STUDIES) SECTION**

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आंतर—विद्याशाखीय अभ्यास विद्याशाखेतील विविध पदवी विषयांचे सी.बी.सी.एस. पॅटर्नचे अभ्यासक्रम शैक्षणिक वर्ष २०—२१ पासून लागू करण्याबाबत.

## य रियत्रक

या परिपत्रकान्वये सर्व संबंधितांना कळिवण्यात येते की, दिनांक २० जून २०२० रोजी संपन्न झालेल्या ४७ व्या मा. विद्या परिषद बैठकीतील विषय क्र. १३/४७—२०२० च्या ठरावानुसार प्रस्तुत विद्यापीठाच्या संलिग्नत महाविद्यालयांतील आंतर—विद्याशाखीय अभ्यास विद्याशाखेतील पदवी स्तरावरील खालील विषयांचे C.B.C.S. (Choice Based Credit System) Pattern नुसारचे अभ्यासक्रम शैक्षणिक वर्ष २०—२१ पासून लागू करण्यात येत आहेत.

- 1) B.A.-II Year Physical Education
- 2) B.A-I Year Education
- 3) B.A- II Year Library and Information
- 4) B.A.-II Year-Music)
- 5) B. Lib. and Information
- 6) B.A- II Year- Fashion Design
- 7) B.A.-I Year-Journalism & Mass Communication) (Optional I, II, III)
- 8) B.A.-II Year-Home Science
- 9) B.A.- II Year-Computer Animation and Web Designing
- 10) Bachelor of Journalism (B.J. Yearly Pattern.
- 11) B.S.W.-III Year

सदरील परिपत्रक व अभ्यासक्रम प्रस्तुत विद्यापीठाच्या **www.srtmun.ac.in** या संकेतस्थळावर उपलब्ध आहेत. तरी सदरील बाब ही सर्व संबंधितांच्या निदर्शनास आणुन द्यावी.

'ज्ञानतीर्थ' परिसर,

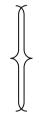
विष्णुपुरी, नांदेड - ४३१ ६०६.

**जा.क.:** शैक्षणिक—०१/परिपत्रक/पदवी सीबीसीएस अभ्यासक्रम/२०२०—२१/६६६

**दिनांक :** ०१.०९.२०२०.

प्रत माहिती व पुढील कार्यवाहीस्तव :

- १) मा. कुलसचिव यांचे कार्यालय, प्रस्तृत विद्यापीठ.
- २) मा. संचालक, परीक्षा व मूल्यमापन मंडळ, प्रस्तुत विद्यापीठ.
- ३) प्राचार्य, सर्व संबंधित संलग्नित महाविद्यालये, प्रस्तृत विद्यापीठ.
- ४) उपकुलसचिव, पदब्युत्तर विभाग, प्रस्तुत विद्यापीठ.
- ५) साहाय्यक कुलसचिव, पात्रता विभाग, प्रस्तृत विद्यापीठ.
- ६) सिस्टम एक्सपर्ट, शैक्षणिक विभाग, प्रस्तृत विद्यापीठ.



स्वाक्षरित/— **उपकुलसचिव** शैक्षणिक (१—अभ्यासमंडळ विभाग)

## Swami Ramanand Teerth Marathwada University Nanded



## Syllabus of Bachelor of Social Work (B.S.W.)

(CBCS Semester Pattern)

Revised from Academic Year 2020-2021

(Affiliated colleges)

### Prepared by

**BOARD OF STUDIES IN SOCIAL WORK (Interdisciplinary Studies), 2020** 

## Swami Ramanand Teerth Marathwada University, Nanded Bachelor of Social Work (BSW)

(CBCS Semester Pattern)

(Revised from the academic Year 2020-2021)

#### PROGRAMME STRUCTURE AND COURSE DETAILS

#### INTRODUCTION

The Bachelor of Social Work (BSW) programme will be of three academic year's duration. The programme will be consisting of six semester's .In each academic year their will two semesters. The degree of Bachelor of Social Work is professional bachelor degree in social work. It is a special qualification for professional positions, in several Governmental, industrial and voluntary sector organizations. This degree equips a student with knowledge, skills, techniques, methods, attitude & professional development initial requirement for the field of social work. This programme is aimed towards the producing quality social worker to fight against the social problems.

#### **OBJECTIVES OF THE PROGRAMME**

- ✓ To equip student with the methods of social work as problem solving process through Field experience.
- ✓ To sensitize students with social problems and work with dedication and commitment for social justice, equality, social harmony and peace.
- ✓ To promote student to work for the disadvantaged, poor, under privileged, differently abled, women and children.
- ✓ To equip student with tools and technique of process of problem solving, diagnosis, treating and rehabilitation.
- ✓ To develop confidence among the student to work as agent of social change.
- ✓ To develop professional social worker to bring about positive change in the world.
- ✓ To prepare student to undertake field action project and research project for generating new knowledge.
- ✓ To maintain National Integration and nurture cultural exchange among the citizens on India.

#### **OUTCOMES OF THE PROGRAMME**

- Learner will be able to understand different method of Social Work.
- Learner will develop skills required to become Professional Social Worker.
- Learner will develop understanding of various Social Problems.
- Learner will be developed as good citizen & will help in maintaining National Integration.
- Learner will develop knowledge & Skills to undertake Field Action & Research Project.

#### NATURE AND DURATION OF THE PROGRAMME

The Bachelor of Social work (B.S.W.) programme shall be regular, full time. The duration of the programme shall be six semesters for a period of three academic years. Each academic year shall be divided into two semesters.

#### ELIGIBILITY FOR THE PROGRAMME

Candidates who have passed 10+2 or equivalent examination from Arts, Commerce and science faculties and must have obtained minimum aggregate 45 per cent marks (for reserved categories minimum 40 per cent marks) are eligible for admission to the course. However, the minimum cut off score shall be decided by the admission committee.

#### **MEDIUM OF INSTRUCTION**

Medium of instruction shall be Marathi & English.

#### STRUCTURE OF THE PROGRAMME

The programme shall be having the theory classes, field work practicum and Project Report with the semester pattern for the Bachelor of Social Work to be revised from the academic year 2020-2021.

#### PROGRAMME DESCRIPTION

This Degree Course shall be of 152 credits which is spread over six semesters in three years including six theory papers of 75 marks each (3 credits) in each semester. For Each theory paper, there will be Continuous Assessment (C.A.) for 25 marks and End Semester Examination (E.S.E.) for 50 marks.

There will field work practicum in each semester of 150 marks (6 credits). The field work practicum shall consist of Special workshops, Structured Experience Laboratory, Field Work Orientation, Individual & Group Conference, films and visits to Non Governmental Organization will be organized as part of the course.

Each student is required to complete supervised Research Project Report (with viva - voce) as part of this course in the  $5^{th}$  and  $6^{th}$  semester of the programme.

#### FEATURES OF THE COURSE

- Well designed and comprehensive course work (Including life Skill learning)
- Periodic evaluation of the curriculum to keep pace with the growth in the subject.
- Obligatory project work enhance research attitude in students.
- Proactively engages students to put new knowledge into practice and to assess their own progress.
- Activities and assessments embedded throughout the content help to ensure that students understand concepts rather than only memorize facts.

## Structure of B.S.W. Programme under CBCS Pattern (Faculty of Interdisciplinary Studies)

Semester	Course opted	Paper Name & No.	Credit
	Ability enhancement compulsory	English Communication	03
	Course S.L I	S.L ( Marathi/Hindi)	03
	Core Course I	Paper I	03
1	Core Course II	Paper II	03
1	Core Course III	Paper III	03
	Open Elective	Paper IV	03
-	C C W	Paper V	06
-	Core Course IV	Field Work Practicum	06
	Ability enhancement compulsory	Total English Communication	24 03
-	Course S.L II	S.L ( Marathi/ Hindi)	03
-	Course I	Paper VI	03
II	Core Course II	Paper VII	03
	Core Course III	Paper VIII	03
-	Choice Based Elective	Paper IX	03
	Choice Based Elective	Swayam/ NPTEL	
-	Core Course IV	Field Work Practicum	06
-	Core Course IV	Total	24
I & II		Total	48
1 & 11	Ability enhancement compulsory	English Communication	03
F	Course S.L III	S.L ( Marathi/ Hindi)	03
-	Course S.L III  Core Course I	Paper X	03
III	Core Course II	Paper XI	03
·	Core Course III	Paper XII	03
-	Open Elective	Paper XIII	03
	Open Elective	Paper XIV	
-	Core Course IV	Field Work Practicum	06
-	Skill Enhancement Course I	SEC I	02
-	Skiii Eiliianeellielit Course 1	Total	26
	Ability enhancement compulsory	English Communication	03
-	Course S.L IV	S.L ( Marathi/ Hindi)	03
-	Core Course I	Paper XV	03
IV	Core Course II	Paper XVI	03
·	Core Course III	Paper XVII	03
	Choice Based Elective	Paper XVIII	03
	Choice Based Elective	Swayam/ NPTEL	
<u> </u>	Core Course IV	Field Work Practicum	06
<u> </u>	Skill Enhancement Course II	SEC II	02
<u> </u>	Skii Elikareement Coarse II	Total	26
III & IV		Total	52
	Core Course I	Paper X IX	03
	Core Course II	Paper XX	03
F	Open Elective	Paper XXI	03
V	*	Paper XXII	
F	Open Elective	Paper XXIII	03
		Paper XXIV	
F	Choice Based Elective	Paper XXV	03
		Paper XXVI	
		Swayam/ NPTEL	
	Core Course IV	Field Work Practicum	06
	Project Report	PR	03
	Skill Enhancement Course III	SEC III	02
		Total	26
	Core Course I	Paper XXVII	03
	Core Course II	Paper XXVIII	03
	Open Elective	Paper XXIX	03
VI		Paper XXX	
Γ	Open Elective	Paper XXXI	03
		Paper XXXII	
	Choice Based Elective	Paper XXXIII	03
		Paper XXXIV	
		Swayam/ NPTEL	
	Core Course IV	Field Work Practicum	06
	Project Report	PR	03
	Skill Enhancement Course IV	SEC IV	02
		Total	26
V &VI		Total	52
	Total Pro	gramme Credit	152

#### Number of Theory Papers, Field Work Practicum and Project Report

SR. No	Content	F	.Y	S	5.Y	T	.Y	Total
		Sem	ester	Sen	iester	Sem	ester	
		I	II	III	IV	V	VI	
01	AEC	03	03	03	03	-	-	12
02	Course SL	03	03	03	03	-	-	12
03	CC	09	09	09	09	06	06	48
04	FWP	06	06	06	06	06	06	36
05	O.E	03	-	03	-	06	06	18
06	C.B.E	-	03	-	03	03	03	12
07	P.R	-	-	-	-	03	03	06
08	SEC	-	-	02	02	02	02	08
T	otal	24	24	26	26	26	26	152

(AEC= Ability enhancement compulsory, Course SL=Course Second Language, CC= Core Course, FWP= Field Work Practicum, O.E = Open Elective, C.B.E = Choice Based Elective, P.R = Project Report, SEC= Skill Enhancement Course).

#### FIELD WORK PRACTICUM

Field work practicum shall be mandatory for all Semester of the programme. Rural Camp shall be a part of field work practicum during 4th semester and study tour shall be a part of field work practicum 6th semester. Each student shall complete the Research Project Report relevant to the area of social work practice. In each semester different methods of social work shall be practiced.

In the first semester Orientation Visit to renowned organization shall be done. In second semester school setting method shall be practiced. In the third and fourth semester social case work method and social group work method shall be exercised. In fifth & Sixth semester Community Work and Social welfare Administration shall be practiced.

Field Work Practicum shall be of 2 days per week (15 hours per week). Field Work Practicum shall be carried out on Tuesday and Friday of each week.

The semester wise allocation of subject, credits and Teaching hours as follows:

# Faculty of Interdisciplinary Studies Bachelor of Social Work First Year Semester Pattern 2020-21 Semester First & Second

Sem	Course	Paper No.	Name Of the Paper	Lecture-Hrs./	Total	C.A	ESE	Total	Total
				Week	Lecture			Marks	Credit
	AEC		English	4	55	25	50	75	03
	CSL		Marathi/ Hindi	4	55	25	50	75	03
	CC	I	History & Ideology social work	4	55	25	50	75	03
	CC	II	Field work practicum of social work	4	55	25	50	75	03
	CC	III	Professional Individual Help (Case Work)	4	55	25	50	75	03
I	O.E	IV	Changing Sociological Concepts & Social Work	4	55	25	50	75	03
		V	Mass Communication & Social Work	4	55	25	50		
	CC	FWP		15	160			150	06
			Total	39	490	150	300	600	24
	AEC		English	4	55	25	50	75	03
	CSL		Marathi/ Hindi	4	55	25	50	75	03
	CC	VI	Basic of Social Group Work	4	55	25	50	75	03
	CC	VII	Social Work With Rural Communities	4	55	25	50	75	03
	CC	VIII	Social Action in Different Fields	4	55	25	50	75	03
II	O.E	IX	Human Psychology & Social Work	4	55	25	50	75	03
			Any Social Science Course from SWAYAM / NPTEL Portal						
	CC	FWP		15	160			150	06
			Total	39	490	150	300	600	24
		I & II	SEMESTER Total	78	980	300	600	1200	48

## Bachelor of Social Work Second Year Semester Pattern 2020-21 Semester Third & Fourth

Sem	Course	Paper No.	Name Of the Paper	Lecture-Hrs./	Total	C.A	ESE	Total	Total
				Week	Lecture			Marks	Credit
	AEC		English	4	55	25	50	75	03
	CSL		Marathi/ Hindi	4	55	25	50	75	03
	CC	X	Administration of Welfare Services	4	55	25	50	75	03
	CC	XI	Basics of Social Work Research	4	55	25	50	75	03
	CC	XII	Professional Development & Growth	4	55	25	50	75	03
III	O.E	XIII	Health & Social Work	4	55	25	50	75	03
		XIV	Human Rights & Social Work	4	55	25	50		
	CC	FWP		15	160			150	06
	SEC	SEC-I	Skills for Social Work Practitioners	4	45	25	25	50	02
			Total	43	535	175	325	650	26
	AEC		English	4	55	25	50	75	03
	CSL		Marathi/ Hindi	4	55	25	50	75	03
	CC	XV	Gender : Equality & Justice	4	55	25	50	75	03
	CC	XVI	Qualitative & Quantitative Research	4	55	25	50	75	03
	CC	XVII	Current Psychiatric Issue of Social Work	4	55	25	50	75	03
IV	O.E	XVIII	Community Health	4	55	25	50	75	03
			Any Social Science Course from SWAYAM / NPTEL Portal						
	CC	FWP		15	160			150	06
	SEC	SEC-II	Skill for Social Work Practitioners	4	45	25	25	50	02
			in Different setting						
			Total	43	535	175	325	650	26
		III & IV	V SEMESTER Total	86	1070	350	650	1300	52

## Bachelor of Social Work Third Year Semester Pattern 2020-21 Semester Fifth & Sixth

Sem	Course	Paper No.	Name Of the Paper	Lecture-Hrs./	Total	C.A	ESE	Total	Total
	9.0	*****	D 1 D 1 D 1 D 1 D 1 D	Week	Lecture			Marks	Credit
	CC	XIX	Research Project Proposals in Social Sciences	4	55	25	50	75	03
	CC	XX	Social Work for Public Health	4	55	25	50	75	03
	O.E	XXI	Labour Welfare	4	55	25	50	75	03
		XXII	Social Work & Environment	4	55	25	50		
	O.E	XXIII	Human Resources Management	4	55	25	50	75	03
V		XXIV	Disaster Management	4	55	25	50		
	C.B.E	XXV	Counseling : Theory & Practice	4	55	25	50	75	03
		XXVI	Sustainable Development Goals & social work	4	55	25	50		
			Any Social Science Course from SWAYAM / NPTEL Portal						
	CC	FWP		15	160			150	06
	PR	PR	Project Work					75	03
	SEC	SEC-III	Communication Skills for Social Workers	4	45	25	25	50	02
			Total	39	480	150	275	650	26
	CC		Rural Participatory Programme Management	4	55	25	50	75	03
	CC		Social Work Profession: Intervention Methods & Strategies	4	55	25	50	75	03
	O.E		Medical Psychiatric Social Work	4	55	25	50	75	03
			Women Empowerment	4	55	25	50		
VI	O.E		Mental Health	4	55	25	50	75	03
			Rural Development	4	55	25	50	1	
	C.B.E		Issues of Agriculture Development	4	55	25	50	75	03
			Career Development & Women	4	55	25	50	1	
			Any Social Science Course from SWAYAM / NPTEL Portal						
	CC	FWP		15	160			150	06
	PR	PR	Project Work					75	03
	SEC	SEC-III	Counseling skill for social worker	4	45	25	25	50	02
		•	Total	39	480	150	275	650	26
		V & V	I SEMESTER Total	78	960	300	550	1300	52

(AEC= Ability enhancement compulsory SLC= Second Language Course CC= Core Course, O.E = Open Elective, C.B.E = Choice Based Elective, FWP = Field Work Practicum, PR= Project Report, SEC = Skill Enhancement Course, CA=Continuous Assessment (Internal), ESE= End Semester Examination)

#### SCHEME OF THE EXAMINATION AND EVALUATION

For each Paper there will be Continuous Assessment (C.A.) of 25 marks (one credit) & End of Semester Examination (E.S.E.) of 50 marks (Two Credit).

#### Detail of Continuous Assessment (C.A.) of each paper as follows

Sr.No.	Particulars	No. of Activity	Marks
01	Class Test	One Paper	10
02	Home Assignment	One Paper	10
03	Presentation	One on Assignment	05
	Total		25 (One Credit)

#### **Details of End Semester Examination as follows**

The End Semester Examination shall be of 50 marks ( 2 Credits). This shall consist of 04 questions. First question shall of short note.5 short notes from each unit of the course. First question shall be compulsory question. The  $2^{nd}$ , 3rd and the  $4^{th}$  question shall be long answer question. These long answer questions shall be set from all units of the course.

#### Question paper pattern as follows:

## Swami Ramanand Teerth Marathwada University, Nanded Bachelor of Social Work (BSW)

### Semester I/II/III/IV/V/VI

(CBCS Semester Pattern)

Date/ Day Time: 2 Hrs Instructions: i) All questions are compulsory. ii) Attempt all questions. Figure on right side indicates Marks. iii) Q.1. Write short notes on any four of the following. 20 Marks A) B) C) D) E) 10 Marks Q.2. Long Answer Question. OR Q.2. Long Answer Question. Q.3. Long Answer Question. 10 Marks OR Q.3. Long Answer Question Q.4. Long Answer Question. 10 Marks

Q.4. Long Answer Question

#### FIELD WORK PRACTICUM

Field work Practicum of 150 Marks (6 Credits) in each semester. Field Orientation, Individual & Group Conference, Orientation visit will be organized as a part of field work practicum.

#### Evaluation of field work practicum will be according to following scheme

## 1<sup>st</sup> SEMESTER

There shall be 10 orientation visits (OV) to different renowned social Organisations. Each OV shall be of 15 marks and it distribution of marks as follow:

Activity	O.V Presently	OV Report writing	OV Presentation	Total
Marks	05	05	05	15

## 2<sup>nd</sup>, 3<sup>rd</sup> and 5<sup>th</sup> SEMESTER FIELD WORK PRACTICUM

The student shall be placed in the different Organization for practice of Field work practicum. In  $2^{nd}$  semester School setting,  $3^{rd}$  semester Case work and  $5^{th}$  semester community work method shall be practiced. Evaluation of the method will be as follows:

Activity	Concurrent Field work(CWF)	Individual Conference(IC)	Group Conference(GC)	Oral/ Seminar	Total
Credits	03	01	01	01	06
Marks	75	25	25	25	150

## 4<sup>th</sup> & 6<sup>th</sup> SEMESTER FIELD WORK PRACTICUM

The student shall practice Group work and social welfare administration in  $4^{th}$  and  $6^{th}$  semester, respectively. As in the  $4^{th}$  semester there is rural camp and study tour in  $6^{th}$  semester as a part of field work practicum evaluation in this semester shall be as follows:

Activity	Concurrent	Individual	Group	Rural	Oral/	Total
	Field	Conference(IC)	Conference(GC)	Camp/Study	Seminar	
	work(CWF)			Tour		
Credits	02	01	01	01	01	06
Marks	50	25	25	25	25	150

#### **EVALUATION OF PROJECT WORK**

Every student will have to complete project report in the III year (V & VI SEM) as a compulsory part of degree course. Scheme for Evaluation of Project Report will be as follow: Research Committee will be formed at college consists of three members preferably Decorate member should be chairman and one member should be Class Coordinator.

Vth Semester student will have to finalize the title and Research Methodology of the project work. In the VIth Semester student will complete the remaining part of project work (i.e. data collection and findings conclusion and suggestion's). Evaluation of the final project work should be by the external examiner.

#### FIFTH SEMESTER

Sr.No./ Activity	Title Finalization	Research Methodology	Total
Credits	01	02	03
Marks	25	50	75

Note: 50% of credit should be given to Guide and 50 % of credit to Research Committee.

#### SIXTH SEMESTER

Sr.No./ Activity	Data collection/ Findings, conclusion, Suggestion	External Credits	Total
Credits	01	02	03
Marks	25	50	75

#### **EVALUATION OF SKILL ENHANCEMENT COURSE**

Skill Enhancement Course will consist of 2 credits which will divided into one internal credit & one External Credit. Internal credit will considered as Continuous Assessment (C.A.) 25 marks & External Credit will be considered as End Semester Examination (E.S.E) 25 marks Total credit 50 marks (02 Credit).

#### SCHEME OF INTERNAL CREDIT EXAMINATION

Sr.No.	Activity	No. of Activity	Marks			
01	Class Test	One Test	10			
02	Home Assignment	One Assignment	10			
03	Seminar	One on Assignment	05			
	Total					

#### SCHEME OF EXTERNAL CREDIT EXAMINATION

Activity	Marks	Total
Ability Assessment	15	25( One Credit)
Viva- voce	10	

#### PASSSING CRITERIA FOR ESE, CA & FWP

To pass the first, second, third, fourth, fifth and sixth semesters end examinations the students should have obtained:

- 1. End Semester Examination: for theory paper, a candidate should obtain a minimum of 40% of total marks i.e. 20 marks out of 50 marks.
- 2. Continuous Assessment (C.A): For every C.A candidate should obtain minimum of 50% of the total marks i.e. 12 out of 25 marks.
- 3 Field Work Practicum: The student should obtain minimum of 50% of the total marks i.e. 75 out of 150.

#### FINAL EVALUATION SYSTEM

Evaluation system is based on cumulative Grade Point Average (CGPA) for the credit earned by the student semester wise

- Marks for each course would be converted to grades as shown in table.
- A student who passes the internal test but fails in Term End Examination of a course shall be given FC grade. Student with FC grade in a course would be granted credit for that course but not the grade for that course and shall have to clear the concerned course within 1.5 year from appearing for first time in the concerned paper, provided the number of courses with FC and FR grades together is 25% or less of the courses of that semester, failing which he/se shall be disqualified for a credit and will have to opt for another credit.

#### STRUCTURE OF CGPA/ CBCS FOR B.S.W. COURSE

Grade	Grade point	Marks Obtained	CGPA	Grade
O ( Outstanding)	10	=> 80	9.01-10	О
A+ (Excellent)	9	70-79	8.01-9.00	A+
A (Very Good)	8	60-69	7.01-8.00	A
B+ (Good)	7	55-59	6.01-7.00	B+
B (Above Average)	6	50-54	5.01-6.00	В
C ( Average)	5	45-49	4.01-5.00	С
P ( Pass)	4	40-44	4.00	P
F (fail)	0	<40		
Ab (Absent)	0			

- A student who has failed in the internal tests of a course shall be given F grade and shall have to repeat the concerned course to qualify to appear for term end examination of that course.
- For the final result of a student Cumulative Performance Index (CPI) based on total earned credits vis-à-vis total earned grade points shall be calculated as mentioned in table

#### REQUIREMENTS FOR PASSING

P Shall be the minimum grade for passing in Individual subjects. P shall be the minimum grade for passing social work Practicum, Project Report A minimum cumulative grade point Average (CGPA) of 6 in each semester shall be required for passing the semester.

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## Swami Ramanand Teerth Marathwada University, Nanded

**Choice Based Credit System (CBCS)** 

**Faculty of Social Science** 

**B.S.W.** First Year

**Contents of Syllabus** 

(Effective from 2020-21)

#### **SEMESTER FIRST**

Paper No	Title of paper	Continuous Assessment (C.A)	End of Semester Examination (ESE)
I	History & Ideology social work	25	50
II	Field work practicum of social work	25	50
III	Professional Individual Help (Case Work)	25	50
IV	Changing Sociological Concepts & Social Work	25	50
V	Mass Communication & Social Work		
	Field Work Practicum		150

## Paper Title Paper I <u>History and Ideologies of Social Work</u>

#### **Objectives of the Course:-**

- 1. To understand the basic concept of Social Work.
- 2. To gain information about historical development and Ideology of social Work.
- 3. To understand the contemporary ideology of social work for social change.
- 4. To know the professional social work ethics and values.

#### **Outcome of the course:-**

- a) Ability to know the history of social work and related concepts.
- b) Able to understand social work as a profession.
- c) Able to know the various Ideology of social work.
- d) Able to demonstrate awareness of values and ethics of social work profession.

#### Unit 1

#### **Indian History of Social Work and Related Concept**

- Historical development of Social work Education in India.
- Goals, Values & Functions of social work.
- Interface between Professional and voluntary social work.
- Concept, meaning Indian History Ideology social Work.
- Social Work Related Concepts: Social Service, Social Welfare, Social reform, Social Development, Social Security & Social Policy.

#### Unit 2

#### **Professional Social Work**

- Definition and Characteristic of Professional social work.
- Present status of Professional social work and challenges ahead.
- Professional associations of social work and their role.

#### Unit 3

### **Indian History of Ideologies (Ideology of spirituality)**

- Islam in India.
- Bhakti movement in India.
- Dalit Movement.
- Gandhian Ideology.
- Ideology of the Indian Constitutions.

#### Unit 4

#### **Contemporary Ideologies for Social Change**

- Feminism.
- Post Modernism.
- Ideology of sustainable development.
- Ideology of action group and Social Movement.

#### Values and Ethics of Professional Social Work

- Meaning and Concept of Ethics & Values.
- Need of values and Ethics of Professional social Work.
- Code of Ethics for social Work practitioner.

#### **References:**

- 1. Fook J. "Social work- Critical theory and Practice", Soge Publications, New, Delhi, 2002.
- 2. O Neil Maria Joan, "The General Method of social work Practice" Prentice hall, New Jersey, 1984.
- 3. Batra, Nitin, "Dynamics of social work in India" Raj Publication House Jaipur, 2004.
- 4. Bhattacharya, Sanjay "Social Work and Integrate Approach" Deep & Deep Publication, New Delhi, 2006.
- 5. Chowdhary D.P., "Introduction to social Work", Atmaram Publication New Delhi, 2001.
- 6. Encyclopedia of Social work. II Volume.
- 7. Murli Desai, "Ideologies and Social Work: Historical and Contemporary Analysis, Rawat Publication, New Delhi, 2010.
- 8. Ramesh M, Sonkamble, "History and Philosophy of social Work.
- 9. Dr. Niranjan Kaur Sardar, "History and Philosophy of social Work", R.P. Publication, New Delhi, 2013.

## Paper Title Paper II FIELD WORK PRACTICUM IN SOCIAL WORK

#### **LEARNER OBJECTIVES:**

- \* To develop among students an understanding about different approaches of providing help to people in need.
- \*To familiarize the students with the professional role of social workers.
- \* To develop self-awareness and orientation to team work.
- \* To develop introductory skills in use of programme media.
- \* To develop skills in report writing and use of supervision.

#### **LEARNER OUTCOMES:**

- To understood about social work practicum
- To develop ability of social work practices.
- To orient about social work practicum
- To acquire knowledge about field work practicum

#### Unit 1

#### **Orientation to Field Work**

- Definitions, objectives, goals, ethics of Social work practicum
- Introduction of social work practicum
- Importance of social work practicum in social work.
- Relationship between field work & theory of social work profession.

#### Unit 2

#### **Orientation Visits**

- Introduction of orientation visits.
- Objectives of orientation visit
- Various settings of orientation visits
- Steps of orientation visits
- Role of fieldwork supervisor & student social worker.

#### Unit 3

#### Skill Lab

- Introduction of skill lab for social work practitioners.
- Importance of skill lab in social work practicum
- Objectives of skill lab programme
- Social experienced skill, social documentary, social issues etc.

#### **Individual Conference & Group Conference**

- Definitions, characteristics & objectives of Individual Conference & Group Conference
- Process of Individual Conference & Group Conference
- Benefits of Individual Conference & Group Conference
- Role of supervisor & student social worker in Conference

#### Unit 5

#### **Report Writing**

- Importance of report writing in social work practicum
- Effective skills of report writing
- Module of agency profile, case sheet, group work, community profile, activity report
- Guidelines of report writing.

#### **References:**

Bawikar, Other, 2009. Skill Training for Social Worker (A Manual for Trainee Social Workers), Pune, Karve Institute of Social Service.

Bet, & Other, 2005. "Field Work Manual", Solapur, Walchand College of Social Work.

Bhanti, R, 1996. "Field Work in Social Work Perspective", Delhi, Himanshu Publications.

Chatrvedi, Pratima, 2005. "Social Work Theories and Practices", Jaipur, Book Enclave.

Devid, Cox, & Pawar, Manohar, 2006. "International Social Work, Issues, Strategies and

Programs", New Delhi, VistaarPublications.

Dr. BabasahebAmbedakar Marathwada University, Aurangabad, 2010, Syllabus.

Lawani, B, T, 2002. "Social Work Education and Field Instructions", Pune, Center for Social Research and Development.

Manechery, Jon, & Mohite, Ambadas, 2001. Whether Social Work Education in Maharastra, The Indian Journal of Social Work, Mumbai, Vol. 62, Issue No. 01.

Pangul-Barhate, 2010."A Directory of Social Work Colleges in India", Nagpur, Pangul-Barhate Publication.

Singh, R., R., 1985. "Field Work in Social Work Education, A Perspective for Human Services Professions", Delhi, Concept Publishing Company.

Subhedar, I., S., 2001. "Field Work Training In Social Work", Jaipur, Rawat Publications.

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Trevithick, Pamela, 2009. "Social Work Skills A Practice Handbook", Jaipur, Rawat Publications.

UGC Model Curriculum Social Work Education, 2001.

## Paper Title Paper III Professional Individual Help (Case Work)

#### **Learner Objectives:-**

- 1. To understand the importance of social case work and its application in different settings.
- 2. To develop competencies, skills and attitudes in learners to use the method in practice while working with clients.
- 3. To imbibe values and principle in learners necessary for working with Individuals.

#### **Outcome of the course:**

- Will be able to use Case work method of social work.
- Able to develop skill & tools of case work method.
- Will able to help individual in need with specific knowledge.

#### Unit 1

#### **Introduction to Social Case Work**

- a. Definition and Concept of Social Case Work.
- b. Importance of Social Application of Social Case Work as A Method.
- c. Values and Principle of Social Case Work.
- d. Basic assumptions of Social Case Work.

#### Unit 2

#### **Process and Component**

- a. Process of Social Case Work: Study Diagnosis, Assessment, Intervention, termination, Evaluation & Rehabilitations.
- b. Components of Social Case Work.

#### Unit 3

#### **Skill & Tools**

- a. Skills needed for Professional Case Worker: Communication, Planning, and Report Writing.
- b. Tools: Listening, Observation, Interview, Home Visit, Rapport building, recording: Importance, Principles and Types, Client Worker Relationship.

#### Unit 4

### **Techniques of Social Case Work**

- a. Exploratory.
- b. Supportive.
- c. Therapeutic / Remedial.
- d. Counseling.

### Case Work in Different Settings and Role of Case Worker

- a. School Setting.
- b. Hospital Setting.
- c. Family with HIV Person.
- d. Differently abled Children.
- e. Psychiatric Setting.
- f. Role of Case Worker As Enable Facilitator, Guide and Resources Mobilize.

#### **REFERENCE:**

- 1) Banerjee G. r. 1971; Some thoughts on professional self in Social Work Indian Journal of Social work Mumbai Tiss.
- 2) Fried Lander W. A. 1978; Concepts and methods of Social Work. Eagle wood cliffs, prentice Hall
- 3) Mathew G. 1986; An Introduction to Social Work.
- 4) Joe / Fisher 1978; Effective case work practice An eclectics approach, New York: Macraw Hill.
- 5) Nursten, J. 1974; Process of Case work G. B. Pitman.
- 6) Richmand M. E. 1922; What is Social Work? An Introductory, Desoription New York: Sage foundation.
- 7) Timmos N. 1972; Recording in social work, London, Routledge and Keganpaul.
- 8) Encyclopedia of social work
- 9) Lect. Nimbalkar and Lect. Khedkar Case work.
- 10) Lect. Prajkta Taksale; Professional social work

### Paper Title Paper IV

### **Changing Sociological Concepts & Social Work**

#### **Learner Objectives:-**

- 1. To understand the basic Concepts and Theories about Society.
- 2. To acquire skills to identify and critically analyze existing and emerging social problems.
- 3. To understand the socio-economic factors and their impact on society.
- 4. The Various social problems and its impact on the society, various issues and challenges.
- 5. Develop the clarity about social issues and challenges in the social work field.

#### **Outcome of the course:**

- Able to understand basic concepts of sociology.
- Able to analyze emerging social problem.
- Able to help to solve the socio-economic problem in society.
- Able to accept the various challenges created by globalization in society.

#### Unit 1

#### **Introduction to Sociology**

- i. Meaning, Types & Characteristics of Individual & Society.
- ii. Characteristics of Rural, Urban & Tribal Community.
- iii. Concept of Caste, Class, Power & Authority.
- iv. Social Organization Meaning, & Forms.
- v. Understanding Social Values, Norms Customs, More & Culture.

#### Unit 2

#### **Basic concepts in Sociology**

- i. Social Process: Concept, Importance & Types.
- ii. Social Change: Concept, Characteristics & Factors.
- iii. Social Control: Concept, Importance, Functions, Agencies.
- iv. Socialization: Concept, Process, Importance, Agencies.

#### Unit 3

#### **Indian Society**

- i. Composition of Indian Society.
- ii. Concept of Unity in Diversity.
- iii. Social Stratification in India.
- iv. Dalit & Minority Group: Situation
- v. Secularism

#### Unit 4

#### **Social Disorganization & Social Problems**

- i. Meaning & Factors responsible for Social Disorganization.
- ii. Classification of Social Disorganization.
- iii. Social Disorganization its effects on Individual, Family, Community.
- iv. Marital Conflict, Family Violence, Dowry Death.
- v. Child Labour, Beggary, Drug Addiction.

#### **Changing Social Concepts**

- i. Change in Indian Social Institutions:
  - a. Family b. Meaning c. Caste d. Religions Group. e. Gender Bias.
- ii. Effects of Globalization on Culture, Social & Family Structure.
- iii. Contemporary Social Problems:
  - a. Trafficking. b. Juvenile Delinquency. c. Youth Unrest. d. Criminality.

#### **REFERENCES:-**

- 1. Bhusan, Vidya & Sachdev, (2006), An Introduction to sociology. Allahabad, Kitab Mahal.
- 2. Harry. M. Johns, (1993), Sociology: A Systematic Introduction. Chennai: Allied.
- 3. Friedlander, (2005), Concepts and methods of Social Work. New Delhi: Prentice Hall.
- 4. Ali, A.F. Iman (1992) Social Stratification among Muslim-Hindu Community, New Delhi Commonwealth Publishers.
- 5. Bhatnagar, Ved (1998) Challenges to India's Integrity: Terrorism, Casteism, Communalism, And New Delhi: Rawat Publication.
- 6. Desai, A.R. (1978, Reprinted 1994) Rural Sociology in India Bombay: Popular Prakashan.
- 7. Flippo, Osella and Katy, Gardner (2003) Contrivatios to Indian Sociology, Migration Modernity and Social Transformation in South Asia, New Delhi: Sage Publication.
- 8. Madan, G.R. 2002 (revised edition) Indian Social Problems, Mumbai: Allied Publishers Pvt. Ltd.
- 9. Mohanty, Manoranjan (2004) Class, Caste, Gender-Readings in Indian Government and Politics, New Delhi: Sage Publication.
- 10. S. Guruswamy, Development of Sociology (1995), Sterling Publisher Private Ltd., Bomby.
- 11. Dr. Hansh Raj, General Sociology (1992) SBD Publishers, Delhi-6.
- 12. Ganshyam Shah, Social Transformation in India, (1997), Rawat Publication, Jaipur and New Delhi.

## Paper Title Paper V Mass Communication & Social Work

#### **Objectives of the Course:-**

- To Understand Proper Method of Communication.
- To Skilled with specific Preparation of Information Education Communication (IEC).
- To understand media Consequences of use of social media.
- To understand cyber Crime & Methods of cyber Crime.

#### **Outcome of the course:**

- Student will be able to do Proper Communication.
- Student will be Proper useful Information Education Communication (IEC) for Social issue.
- Student will be equipped with tools for deal with social media addicted.
- Student will be help to built a cyber safe Society.

#### Unit 1

#### **Understanding Communication**

- Communication Definition, Meaning & Concept.
- Communication Principle, Process.
- Types of Communication Verbal, Non-Verbal, Written.
- Communication in Social Work Profession.

#### Unit 2

#### **Mass Communication**

- Mass Communication Meaning, Definition, Concept.
- Meaning of Mass Communication Traditional & Modern.
- Propaganda & Public Opinion.
- Role of Mass Communication in Social Work.

#### Unit 3

#### **Social Media & Communication**

- Social Media Meaning, Definition.
- Types of Social Media.
- Impact of Social Media on society.
- Addiction of Social Media.

#### Unit 4

#### **Communication for Development**

- Information Education Communication (IEC) Concept, Meaning.
- Information Education Communication (IEC) Importance & Types.
- Information Education Communication (IEC) & Social Development.
- Participatory Communication Group Dictation, Four Group Dictation.

#### **Cyber Crime & Society**

- Cyber Crime Definition, Meaning & Concept.
- Types of Cyber Crime.
- Cyber safe Women.
- Information Technology Act- 2000.
- Cyber Crime & Role of Social Worker.

#### **References:**

- Berger, Arthur Asa. 1982, "Media Analysis Techniques" London, Sage.
- Brown, James W.et al. 1985, AV Instruction Technology, Media and Methods, New York, McGraw – Hills.
- Gandhi, V.P. 1995, "Media and Communication today, Vol.1,2 and 3, New Delhi, Kanishka Publishers.
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**Contents of Syllabus** 

(Effective from 2020-21)

### **SEMESTER SECOND**

Paper No	Title of paper	Continuous Assessment (C.A)	End of Semester Examination (ESE)
VI	Basic of Social Group Work	25	50
VII	Social Work With Rural Communities	25	50
VIII	Social Action in Different Fields	25	50
IX	Human Psychology & Social Work		
	Any Social Science Course from SWAYAM /		
	NPTEL Portal	25	50
	Field Work Practicum		150

## Paper Title Paper VI

## **Basics of Social Group work**

## **Learner Objective:-**

- 1. To sensitize students about the Social work With Group.
- 2. To develop a critical understanding about the Groups of the various Settings.
- 3. To equip students with specific skills and techniques of working with Group.

#### **Learner Outcomes:-**

- To understood various Groups in community.
- To improve skills for Social work with group.
- To Using techniques for working with groups

#### Unit – I

Introduction to Group Work
☐ Definition and characteristics of groups
☐ Types of groups
☐ Concept, definition and characteristics of social group work
☐ Group work in various settings
Unit – II
Assumptions and Principles in Social Group Work
☐ Objectives of social group work
☐ Assumptions in social group work
☐ Principles in social group work
☐ Skills in social group work
Unit – III
<b>Phases in Group Work Process</b>
☐ Orientation phase
☐ Assessing and establishing objectives
☐ Preparation of plan
☐ Group formation phase
☐ Rapport establishment phase
☐ Programme implementation and evaluation phase
☐ Termination phase

#### Unit – IV

# Group Dynamics and Evaluation of Group Work ☐ Concept and process of group dynamics ☐ Essentials for group dynamics ☐ Evaluation in group work

Unit – V

#### **Recording in Social Group Work**

□ Significance of Recording in group work
 □ Principles of recording
 □ Types of recording- narrative, process and summary
 □ Techniques of recording –observation, fish-bowl, sociogram.

#### **REFERENCES:-**

☐ Importance of evaluation

- 1. Banerjee, G.R. 1967, "Concept of Being and Becoming in the Practice of Social Work", Indian Journal of Social Work, Mumbai: Tata Institute of Social Sciences.
- 2. Banerjee, G.R. 1971, "Some Thoughts on Professional Self in Social Work", Indian Journal of Social Work, Mumbai: Tata Institute of Social Sciences.
- 3. Friedlander, W.A. 1978, Concepts and Methods of Social Work, Englewood Cliffs. Prentice Hall.
- 4. Timms, N. 1972, Recording in Social Work, London: Routledge and Kegan Paul.
- 5. Barry Cournoyel. 1996, The Social Work Skills Workbook, (Second ed.) Barry Cournoyel Books Cole Publishing Co.
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- 21. Sanjay Bhattacharya, Social Work An Integrated Approach, Deep & Deep Publication Pvt. Ltd.
- 22. Harleigh B. Trecker, Social Group Work,

### Paper Title Paper VII

#### **Social Work with Rural Communities**

#### **Objectives of the Course:-**

- -To develop understanding about rural society.
- To know the problems faced by the rural society.
- To learn the working method of Panchayat Raj.
- To understand method of community work for rural development.

#### **Outcome of the course:-**

- > Student will be able to work with rural society.
- Able to solve the problems of rural society with tool of community work.
- ➤ Able to develop awareness among rural society for proper use of Panchayat Raj.
- > Will able to increase rural participation in different developmental process of Government.

#### Unit 1

#### **Introduction of Rural Communities**

- Historical Background of Indian Rural Communities.
- Concept, Definition, Characteristics of Rural Communities.
- Rural Problems: Poverty, Illiteracy, Unemployment, Public Health, Agricultural Problems.

#### Unit 2

#### Panchayat Raj System

- Philosophy of Rural Community.
- Concept, Goals, Process of Community Development.
- Rural Development Administration in India.
- Rural Development Programme.

#### Unit 3

#### Panchayat Raj System

- History of Panchayat Raj.
- Concept, Characteristics of Panchayat Raj.
- Role and Functions of Panchayat Raj.
- 73<sup>rd</sup> amendment & its role in rural Development.

#### Unit 4

#### **Status of Rural Society**

- Rural Migrants in Urban.
- Social Educational, Economic Background of Migrants.
- Status of Schedule Castes, OBC's and Women in Rural Society.

### **Community Organization & Rural Development**

- Concept, Principles and Objectives of Community Organization.
- Social Action in Community Organization: Concept, Purpose & Techniques.
- Types & Role of NGO's in Rural Development.
- People's Participations in Rural Development.
- Role of social Workers in Rural Development.

#### **REFERENCES:-**

- 1. Narendra Prasad: Constraints on Rural Development, Amar Prakashan Delhi, 2007.
- 2. Barik B.C.: Rural Migrants in an Urban Setting Classical Publishing Company, New Delhi.
- 3. Chaudhary S.N.: Dynamic of Rural Power Structure, Amar Prakashan Delhi, 2007.
- **4.** Barnabas A.P.: Rural Community Development in India, In Encyclopedia of Social Work in India Vol.II. New Delhi: Ministry of Welfare, Govt. of India.
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- 6. Harichandra C.: Panchayat Raj & Rural Development Concept Publication, Delhi 1993.
- 7. Sakure & Narkhedkar: Rural Community, Sir Sahitya Kendra, Nagpur.
- 8. Kairnar Dilip :Rural Sociology In India, Vidya Book Publication, Aurangabad.

## Paper Title Paper VIII Social Action in Different Fields

#### **Objectives of the Course:-**

- To understand social Action As method of social work.
- To know the different models of social action.
- To provided knowledge about social Justice.
- To study uses of social action in different fields.

#### **Outcome of the course:**

- Student will be equipped with tools of Social Action.
- Student will be able to use proper model of social Action.
- Student will be equipped with to fight for social Justice.
- Student will be uses social Action method in different settings of social justice.

#### Unit 1

#### **Introduction to Social Action**

- Meaning & Concept of Social Action.
- Objectives & Goals of Social Action.
- Characteristics of Social Action.
- Phases of Social Action.
- Essential Elements of Social Action.

#### Unit 2

#### **Social Action: Principles & Methods**

- Process of Social Action.
- Methods of Social Action.
- Principles of Social Action.
- Importance of Social Action.
- Limitations of Social Action.
- Social Action as Problem solving methods.

#### Unit 3

#### **Models of Social Action**

#### **Elitist Social Action Model:-**

- i. Legislative Social Action Model.
- ii. Economic Social Action Model.
- ii. Direct Physical Model.

#### **Popular Social Action Model:-**

- i. Consociation Social Action Model.
- ii. Dialectical Mobilization Model.
- iii. Direct Mobilization Model.

#### Unit 4

#### **Social Action for Social Justice**

- Social Justice Concept, Meaning, Principles, Advantages.
- Social Legislation Concept, Definition, Objectives, Needs.
- Social Legislation as Instruments of Social Action.
- Social Action for Social legislation.
- Social Justice with social legislation.

#### **Social Action in Different Setting**

- Juvenile Justice & Social Action.
- Immoral Trafficking & Social Action.
- Child Labour & Social Action.
- Women Welfare & Social Action.
- Role of Social Worker in Social Action.

#### **REFERENCES:-**

- 1. Kulkarni, P.D. Social Policy and Social Development in India (Madras: Association of School of Social Work in India 1978)
- 2. Sharma P.N. Social Planning, Concept and techniques (Lucknow: Print House India, 1983)
- 3. Gangrade, K.D.: Social Legislation in India Vol. I & II (Delhi: Concept Publishing Co. 1978)
- 4. Khinduka, S.K & Coughlin, B,J 1975 A Conceptualization of Social Action. The Social Review, 49 (1)1-14. (Unit I)
- 5. Mullaly, R.P. and Mullaly.B. 1998 Structural Social Work: Ideology, Theory, and Practice. New York: Oxford University press. (Unit II)
- 6.Shah,G 2004 Social Movements in India: A Review of Literature, New Delhi: Sage Publication. (Unit IV & V)
- 7. Siddique, H.Y. 1984 Social Work and Social Action, New Delhi :Harnam Publications. (Unit I, II & III)
- 8.Singh,R. 2001 Social Movements, Old and New: A PostModernist Critique . New Delhi: Sage. (Unit IV & V)

### Paper Title Paper IX Human Psychology & Social Work

#### **Learner Objectives:-**

- 1. To understand the Meaning, Concept & Nature of Psychology.
- 2. To Develop Knowledge of reference of Psychology to social Work Practice.
- 3. To Gain knowledge about Human Development and Mental Health.
- 4. Develop Understanding of Human Behavior concept and role of Social Work Practitioner.

#### **Outcome of the course:**

- a) Able to understand Psychological concepts & its relevance to social work.
- b) Student will be able to understand concept & stages of Human development.
- c) Student will able to maintain Mental Health of self & others.
- d) Able to explore the knowledge about Human Behavior and social work.

#### Unit 1

#### **Concept and Nature of Psychology**

- Meaning, Definition & Concept of Psychology.
- Nature of Psychology.
- Scope & Importance of Psychology.
- Fields of Psychology.

#### Unit 2

#### **Psychology & Social Work**

- Relevance of Psychology with social Work.
- Significance of Psychology to social Work Practice.
- Psychological theories and this relevance to social Work Practice.
- Role of social worker in different Psychological Counseling setting.

#### Unit 3

#### **Human Development**

- Concept of Human Development.
- Principles of Human Development.
- Stages of Human Development (Concept to Old Age).
- Role of Social Worker in Various Stages of Human Development.

#### Unit 4

#### **Mental Health**

- Definition & Meaning of Mental Health.
- Characteristics of Mental Health.
- Types of Mental Disorders.
- Role of Social Worker in Healthy Mental Health & Mental Illnesses.

#### **Human Behavior & Social Work**

- Meaning & Deification of Human Behavior.
- Importance of Human Behavior in Social Work Practice.
- Role of Social Worker in Behavior Problems in Children.
- Normal & Abnormal Behavior.

#### **REFERENCES:-**

- 1. Boring E.G. &others, "Foundations of Psychology" Asia publication House, New Delhi.
- 2. Hilgard F.R. and Atkinson R.I. "Introduction to Psychology" H.B. and World Inc. New York.
- 3. Skinner B.F. "Science of Human Behavior Macmillan, New York.
- 4. Park and Park "Preventive and Social Medicine.
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- 8. Braj Kumar Mishra, "Psychology: The Study of Human Behaviour.
- 9. Lopez, Pedrotti, and Synder: Positive Psychology- The Scientific and Practical Explorations of Human Strengths (2015).
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