



॥ सा विद्या या विमुक्तये ॥

स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ, नांदेड

'ज्ञानतीर्थ', विष्णुपुरी, नांदेड - ४३१ ६०६ (महाराष्ट्र राज्य) भारत

SWAMI RAMANAND TEERTH MARATHWADA UNIVERSITY, NANDED

'Dnyanteerth', Vishnupuri, Nanded - 431 606 (Maharashtra State) INDIA

स्वामी रामानंद तीर्थ
मराठवाडा विद्यापीठ, नांदेड

Established on 17th September, 1994, Recognized By the UGC U/s 2(f) and 12(B), NAAC Re-accredited with 'B++' grade

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मानवविज्ञान विद्याशाखे अंतर्गत राष्ट्रीय शैक्षणिक
धोरण २०२० नुसार पदवी द्वितीय वर्षाचे
अभ्यासक्रम (Syllabus) शैक्षणिक वर्ष
२०२५-२६ पासून लागू करण्याबाबत.

प रि प त्र क

या परिपत्रकान्वये सर्व संबंधितांना कळविण्यात येते की, दिनांक २७ मे २०२५ रोजी संपन्न झालेल्या मा. विद्यापरिषद बैठकीतील विषय क्रमांक १७/६१-२०२५ च्या ठरावानुसार मानवविज्ञान विद्याशाखेतील राष्ट्रीय शैक्षणिक धोरण-२०२० नुसारचे पदवी द्वितीय वर्षाचे अभ्यासक्रम (Syllabus) शैक्षणिक वर्ष २०२५-२६ पासून लागू करण्यास मा. विद्यापरिषदेने मान्यता प्रदान केली आहे. त्यानुसार मानवविज्ञान विद्याशाखेतील बी. ए. द्वितीय वर्षाचे खालील विषयाचे अभ्यासक्रम (Syllabus) शैक्षणिक वर्ष २०२५-२६ पासून लागू करण्यात येत आहेत.

| | | | |
|----|----------------------------|----|-----------------------------|
| 01 | B.A. English | 11 | B.A. N.C.C. |
| 02 | B.A. History | 12 | B.A. Political Science |
| 03 | B.A. Sociology | 13 | B.A. Administrative Service |
| 04 | B.A. Economics | 14 | B.A. Marathi |
| 05 | B.A. Public Administration | 15 | B.A. Urdu |
| 06 | B.A. Geography | 16 | B.A. Psychology |
| 07 | B.A. Sanskrit | 17 | B.A. Kannada |
| 08 | B.A. Pali | 18 | B.A. Hindi |
| 09 | B.A. Military Science | | |
| 10 | B.A. Philosophy | | |

सदरील परिपत्रक व अभ्यासक्रम प्रस्तुत विद्यापीठाच्या www.srtmun.ac.in या संकेतस्थळावर उपलब्ध आहेत. तरी सदरील बाब ही सर्व संबंधितांच्या निदर्शनास आणून द्यावी, ही विनंती.

'ज्ञानतीर्थ' परिसर,

विष्णुपुरी, नांदेड - ४३१ ६०६.

जा.क्र.:शै-१/एनइपी/मानवविज्ञानपदवी/२०२५-२६/११७

दिनांक ०५.०६.२०२५

सहाय्यक कुलसचिव

शैक्षणिक (१-अभ्यासमंडळ) विभाग

प्रत : माहितीस्तव तथा कार्यवाहीस्तव.

१) मा. कुलगुरू महोदयांचे कार्यलय, प्रस्तुत विद्यापीठ.

२) मा. प्र. कुलगुरू महोदयांचे कार्यलय, प्रस्तुत विद्यापीठ.

३) मा. आधिष्ठाता, मानवविज्ञान विद्याशाखा, प्रस्तुत विद्यापीठ.

४) मा. संचालक, परीक्षा व मुल्यमापन मंडळ, प्रस्तुत विद्यापीठ.

५) मा. प्राचार्य, सर्व संबंधित संलग्नित महाविद्यालये, प्रस्तुत विद्यापीठ.

६) सिस्टीम एक्सपर्ट, शैक्षणिक विभाग, प्रस्तुत विद्यापीठ. याना देवून कळविण्यात येते की, परिपत्रक अभ्यासक्रम संकेतस्थळावर प्रसिध्द करण्यात यावेत.

**SWAMI RAMANAND TEERTH
MARATHWADA UNIVERSITY, NANDED-431606**



**(Structure and Syllabus of Four Years Multidisciplinary Degree
Program with Multiple Entry and Exit Option)**

UNDER GRADUATE PROGRAMME OF HUMANATIES

Major in DSC Psychology

Under the Faculty of Humanities

Effective from Academic year 2025–2026

(As per NEP-2020)

Forward by the Dean, Faculty of Humanities.....

National Education Policy 2020 has been announced on 29.07.2020. NEP 2020 proposes a new and forward-looking vision for India's Higher Education System through quality universities and colleges. Its key is in the curriculum and its practical implementation.

The curriculum must be exciting, relevant, and regularly updated to align with the latest knowledge requirements and meet specified learning outcomes. High-quality pedagogy is necessary to impart the curricular material to students successfully; pedagogical practices determine the learning experiences provided to students, thus directly influencing learning outcomes. The assessment methods must be scientific, designed to improve learning continuously test the knowledge application.

The university's proper framing and development of syllabi will result in the upbringing and nourishment of multidisciplinary and holistic citizens. Emphasis is on outcome-based learning. Every course has well-defined objectives and outcomes. The assessment guidelines also provide clarity and precision to the vision behind prescribing the particular course content.

NEP foresees more vibrant, socially engaged, cooperative communities and a happier, cohesive, cultured, productive, innovative, progressive, and prosperous nation. The introduction of Research Methodology and ethics will widen the vision and broaden the perspectives of the learners.

Introducing Case Studies and Field Projects has created a unique opportunity for the higher education institute to bridge the gap between the academia, industry and the community NEP believes effective learning requires a comprehensive approach that involves an appropriate curriculum, engaging pedagogy, continuous formative assessment, and adequate student support.

We are sure that the Graduate centres of this university and its affiliated colleges will implement the course effectively and successfully, resulting in a healthy and more creative academic ambience.

**Dean, Faculty of Humanities,
Swami Ramanand Teerth Marathwada University, Nanded.**

Forward by the Chairman, Subject Psychology

Preamble

Psychology is the scientific study of human behaviour and cognitive processes. Psychology as a Science tries to understand the behaviour of an individual in different situations while also equipping the learner with various abilities to live a well-adjusted life. Psychology not only helps us to understand why other people do the things they do, but it also helps us better understand ourselves and our reactions to other people. Psychology helps you understand how your brain and body are connected, how to improve your learning abilities and memory, and how to deal with the stresses of life, both ordinary and extraordinary.

Psychology facilitates the shaping and molding of the inner self and also deals with the development of personality inside out, thus making the person an effective human being. As a scientific discipline psychology has many subfields like Social Psychology, Clinical Psychology, Counselling Psychology, Positive Psychology, Educational Psychology, Cognitive Psychology, Industrial and Organizational Psychology, and Developmental Psychology which deal with different domains of human behaviour. The study of psychology provides students to work with the community and well-being of the society. The students can undertake careers like Counsellors, Clinical Practitioners, Therapists, Trainers, HR Managers, and Psychology Teachers in different government and private sector organizations.

Psychology graduates today need to be prepared not just in the textbook understanding of concepts but also in real-life applications that take into account a holistic understanding of a larger, socio-cultural-economic system within which their skills may be put to use.

The pursuit of knowledge of psychology as a scientific discipline and profession, along with enhanced skills is a step towards preparing students to meet the needs of an increasingly competitive job market. The structure of this Programme has also been devised as a student will have foundational as well as skill development learning opportunities so as to be employable or even self-employed.

I, as Chairman Board of Studies in Psychology, Swami Ramanand Teerth Marathwada University, Nanded happy to state that the Program objectives have been finalized in the meeting of all the members of the Board of Studies.

- To impart knowledge of psychological concepts and modern trends in psychology.
- To foster interest in the subject of psychology and to create a foundation for further studies in psychology.
- To introduce the students to various fields of psychology.
- To make the students aware of the applications of psychological concepts in various fields so that they understand the relevance of psychology in different areas of life.

Apart from the above objectives, the affiliated institutes can add their program objectives. As the Chairman of the Board of Studies, I believe strongly that the syllabi of Psychology will help students to gain fundamental and advanced knowledge of psychology along with enhanced skills.

Dr. Gopal J. Pedapalli

Chairman, Board of Studies of Psychology,

Swami Ramanand Teerth Marathwada University, Nanded.



Swami Ramanand Teerth Marathwada University, Nanded

Members of the Board of Studies in the subject of Psychology

Under the faculty of Humanities

| Sr. No. | Name of the Member | Designation | Address with mail id | Contact No. |
|---------|-------------------------|-----------------|---|--------------------------|
| 1 | <i>Dr.G.J.Pedapalli</i> | <i>Chairman</i> | Sharda Mahavidyalaya,Parbhani. drpedapalli11@gmail.com | 8208654495 9890140223 |
| 2 | Dr.N.M.Palwade | <i>Member</i> | B.Raghunath College, Parbhani. dr.palwadenm@gmail.com | 9766478444 |
| 3 | Dr.N.V.Singapore | <i>Member</i> | Sharda Mahavidyalaya,Parbhani. drnvsingapore@gmail.com | 9422611302 |
| 4 | Dr.G.P.Vaykos | <i>Member</i> | B.Raghunath College, Parbhani. vaykosg@gmail.com | 9860070051 |
| 5 | Dr.V.B.Rasway | <i>Member</i> | P.A.H.College,Ranisawargaon. dr.vishwanathrasway@gmail.com | 9764990408 |
| 6 | Dr.B.S.Jadhav | <i>Member</i> | Shivaji College, Hingoli bappajadhav24@gmail.com | 9922282004 |



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities (Example-1 Three Optional)
Structure for Four Year Multidisciplinary Degree Program with Multiple Entry and Exit
Subject: DSC (Major)/DSM (Minor)

| Year & Level | Semester | Optional-1 | Optional-2 | Optional-3 | Generic Elective (GE) (select from Basket 3 of (Faculties other than Humanities)) | Vocational & Skill Enhancement Course | Ability Enhancement Course (AEC) (Basket 4) Value Education Courses (VEC/ Indian Knowledge System (IKS) (Basket 5) (Common across all faculties) | Field Work / Project/ Internship/ OJT/ Apprenticeship / Case Study Or Co-curricular Courses (CC) (Basket 6 for CC) (Common across all faculties) | Credits | Total Credits |
|----------------|----------|--|---|---|--|---|---|--|---------|---------------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 1 (4.5) | I | HPSYCT1101 Introduction to Psychology (2 Cr) HPSYCP1102 Psychology Practicum's: Experiments & Tests (2 Cr) 4 Credits | HXXXCT1101 (2 Cr) HXXXCT1102 (2 Cr) 4 Credits | HXXXCT1101 (2 Cr) HXXXCT1102 (2 Cr) 4 Credits | HPSYGE1101 Introduction to Social Psychology (2 Cr) 2 Credits | HPSYSC1101 Communication Skills-I (2 Cr) 2 Credits | AECENG1101 (2Cr) AECXXX1101 (2Cr) (Hin, Mar, Kan, Pal, Urd, San, etc) IKSXXX1101 (2Cr) 6 Credits | -- | 22 | 44 |
| | II | HPSYCT1151 Basic Psychological Processes (2 Cr) HPSYCP1152 Psychology Practicum's: Experiments & Tests (2 Cr) 4 Credits | HXXXCT1151 (2 Cr) HXXXCT1152 (2 Cr) 4 Credits | HXXXCT1151 (2 Cr) HXXXCT1152 (2 Cr) 4 Credits | HPSYGE1151 Social Psychology (2 Cr) 2 Credits | HPSYSC1151 Communication Skills-II (2 Cr) 2 Credits | AECENG1151 (2Cr) AECXXX1151 (2Cr) (Hin, Mar, Kan, Pal, Urd, San, etc) VECCOI1151 (2Cr) Constitution of India 6 Credits | -- | 22 | |
| | Cum. Cr. | 08 | 08 | 08 | 04 | 04 | 12 | -- | 44 | |

Exit option: UG Certificate in Opt1, Opt2 and Opt 3 on completion of 44 credits and additional 4 credits from NSQF/Internship

| | | | | | | | | | |
|---|----------|--|---|-----|---|---|---|---|----|
| 2 (5.0) | III | <p>HPSYCT1201 Psychological Testing and Statistics - I (2Cr)</p> <p>HPSYCT1202(2Cr) Human Development –I</p> <p>HPSYCP1203 Psychology Practicum's: Experiments &Tests(4Cr) 8 Credits</p> | <p>HPSYMT1201 Applied Psychology –I 2 Credits</p> <p>HPSYMP1202 Psychology Practicum's: Experiments &Tests 2 Credits 4 Credits</p> | --- | <p>HPSYGE1201 Introduction to Indian Psychology 2Credits</p> | <p>HPSYVC1201 Life Skills -I 2Credits</p> | <p>AECENG1201(2Cr) AECXXX1201(2Cr) (Hin,Mar,Kan,Pal,Urd, San,etc) 4Credits</p> | <p>CCCXXX1201 (NCC/NSS/Sports /Culture/Health Wellness/YogaEducation/Fitness) 2Credits</p> | 22 |
| | IV | <p>HPSYCT1251 Psychological Testing and Statistics - II(2Cr)</p> <p>HPSYCT1252 Human Development –II (2Cr)</p> <p>HPSYCP1253 Psychology Practicum's: Experiments &Tests (4Cr) 8 Credits</p> | <p>HPSYMT1251 Applied Psychology –II 2 Credits</p> <p>HPSYMP1252 Psychology Practicum's: Experiments &Tests 2 Credits 4 Credits</p> | --- | <p>HPSYGE1251 Concepts in Indian Psychology 2Credits</p> | <p>HPSYVC1251 Life Skills -II 2Credits</p> | <p>AECENG1251(2Cr) AECXXX1251(2Cr) (Hin, Mar, Kan, Pal, Urd, San, etc) VECEVS1251 (2Cr) Environmental Studies 6Credits</p> | - | 22 |
| | Cum. Cr. | 24 | 16 | 08 | 08 | 4+4=08 | 22 | 02 | 44 |
| Exitoption:UGDiplomainMajorDSCandMinorDSMoncompletionof88creditsandadditional4creditsNSQF/InternshipinDSC | | | | | | | | | |

88

| | | | | | | | | | | | |
|---|-------------|---|----------------------------|-------|------|------|------------------------|------|------------------------|----|-----|
| 3 (5.5) | V | HXXXCT1301(4Cr) HXXXCT1302(4Cr) HXXXCT1303(4Cr) 12Credits | HXXXET 1301 4Credits | ----- | --- | ---- | HXXXVC1301 2Credits | ---- | HXXXFP1301 4Credits | 22 | |
| | VI | HXXXCT1351(4Cr) HXXXCT1352(4Cr) HXXXCT1353(2Cr) HXXXIK1351(2Cr) 12Credits | HXXXET 1351 4Credits | -- | ---- | --- | HXXXVC1351 2Credits | ---- | HXXXOJ1351 4Credits | 22 | |
| | Cum. Cr. | 48+8=56 | | 16 | 08 | 08 | 4 + 8 =12 | 22 | 10 | 44 | 132 |
| Exitoption: Bachelor of Humanities with Major in <u>DSC</u> and Minor in <u>DSM</u> | | | | | | | | | | | |

Abbreviations:

1. **DSC:** Department/Discipline Specific Core (Major)
2. **DSE:** Department/Discipline Specific Elective (Major)
3. **DSM:** Discipline Specific Minor
4. **GE/OE:** Generic/Open Elective
5. **VSEC:** Vocational Skill and Skill Enhancement Course
6. **VSC:** Vocational Skill Courses
7. **SEC:** Skill Enhancement Courses
8. **AEC:** Ability Enhancement courses
9. **MIL:** Modern Indian languages
10. **IKS:** Indian Knowledge System

- 11.VEC:**Value Education Courses
 - 12.OJT:**On Job Training: (Internship/Apprenticeship)
 - 13.FP:**Field Projects
 - 14.CEP:**Community Engagement and Service
 - 15.CC:**Co-Curricular Courses
 - 16.RM:**Research Methodology
 - 17.RP:**Research Project/Dissertation
-



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities

General Guidelines for course structure:

- 1) The Major subject is the discipline or subject of the main focus and the degree will be awarded in that discipline/subject.
- 2) Credits and curriculum for optional subjects are same in the first year.
- 3) In the first-year students should choose three different subjects as optional subject in the same faculty.
- 4) From the second-year curriculum of major and minor subject is the different and student has to select major and minor from three optional subjects.
- 5) Generic/Open Elective is to be chosen compulsorily from faculty other than that of the Major. (Select from Basket)
- 6) Vocational and Skill Enhancement Courses (VSEC or VSC and SEC) are related to Major Course (DSC)
- 7) Ability Enhancement Courses (AEC):
 - a) English language may be offered Sem. I for 2 Credits and sem. III for 2 Cr. in AEC
 - b) Second language may be offered Sem. II for 2 Credits and sem. IV for 2 Cr. In MIL
- 8) Column No. 8 and 9 is common for all faculties.
- 9) Curriculum of VEC, COI, IKS and CCC will provide by university.

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SwamiRamanandTeerthMarathwadaUniversity,Nanded

AssigningCodestotheCoursesAlphanumeric,TENCharacterCodingAAAAAXXXX

- 1) **First(A)LetterindicateFaculty:**H–HumanitiesS–Science,C–Commerce,&Management,I–InterdisciplinaryStudiesandD–Distance/Externalmode.
- 2) **NextThreeLetters(XXX)indicatesSubject**(e.g.GEO–Geography,ECO–Economics,PHY–Physics,COM–Commerce,CMP–ComputerSci)etc.
- 3) **FifthandSixthLetterindicatecourse:**(e.g.CT–CoreTheory,CP–Core Practical,MT–MinorTheory,MP–Minor Practical,ET–ElectiveTheory, EP – Elective Practical, FP– Field Project, FW – Field Work, OJ – On Job training, GE- Generic /open Elective (Internship/Apprenticeship), IN – Internship, CS –Case Study,VC: Vocational Skill Courses, SC: Skill Enhancement Courses, AEC: Ability Enhancement courses, VEC: Value Education Courses,MIL: Modern Indian languages, IKS: Indian Knowledge System, CCC:Co-Curricular Courses/ Community Engagement and Service, RM: Research Methodology. etc.)
- 4) **SeventhCharacterorFirstNumber**indicatestheCentre(1-forAffiliatedcolleges,2–MainCampus,3–ModelDegreeCollege,4–Sub-centreLatur,5–Sub-centreParbhani)
- 5) **EighthCharacterorsecondnumberindicate**–YearofStudy.E.g.1–Firstyear,2–Secondyear.etc.
- 6) **LastTwoNumbers**indicateCourse Number

e.g.**HGEOCT1101**–FacultyofHumanities(**H**)Geography(**GEO**)subjectCoreTheory(**CT**)CourseofferedinFirstSemesterinaffiliatedcolleges(**1101**)

| Sr. No | UG/PG | Semester | AffiliatedColleges | MainCampus | ModelDegreeCollege | Sub-centerLatur | Sub-centerParbhani | KinwatSub-Centre |
|--------|------------|--------------|--------------------|-------------|--------------------|-----------------|--------------------|------------------|
| 1 | FirstYear | SemesterI | 1101to 1150 | 2101to 2150 | 3101to 3150 | 4101to 4150 | 5101to 5150 | 6101to 6150 |
| 2 | | SemesterII | 1151to 1199 | 2151to 2199 | 3151to 3199 | 4151to 4199 | 5151to 5199 | 6151to 6199 |
| 3 | SecondYear | SemesterIII | 1201to 1250 | 2201to 2250 | 3201to 3250 | 4201to 4250 | 5201to 5250 | 6201to 6250 |
| 4 | | SemesterIV | 1251to 1299 | 2251to 2299 | 3251to 3299 | 4251to 4299 | 5251to 5299 | 6251to 6299 |
| 5 | ThirdYear | SemesterV | 1301to 1350 | 2301to 2350 | 3301to 3350 | 4301to 4350 | 5301to 5350 | 6301to 6350 |
| 6 | | SemesterVI | 1351to 1399 | 2351to 2399 | 3351to 3399 | 4351to 4399 | 5351to 5399 | 6351to 6399 |
| 7 | FourthYear | SemesterVII | 1401to 1450 | 2401to 2450 | 3401to 3450 | 4401to 4450 | 5401to 5450 | 6401to 6450 |
| 8 | | SemesterVIII | 1451to 1499 | 2451to 2499 | 3451to 3499 | 4451to 4499 | 5451to 5499 | 6451to 6499 |
| 9 | FifthYear | SemesterIX | 1501to 1550 | 2501to 2550 | 3501to 3550 | 4501to 4550 | 5501to 5550 | 6501to 6550 |
| 10 | | SemesterX | 1551to 1599 | 2551to 2599 | 3551to 3599 | 4551to 4599 | 5551to 5599 | 6551to 6599 |



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities Major in Psychology

Basket1: Major/Minor (Optional) course for Semester I and II (C):Each of 02 Credits

| Semester | BOS proposing Minor (eg.) | Details of Major/Minor Course (M) | |
|-------------|---------------------------|-----------------------------------|---|
| | | CODE | Titleofthe Corse |
| Semester I | 1. BOS in PSY | HPSYCT1101 | Introduction to Psychology |
| | | HPSYCP1102 | Psychology Practicum's: Experiments & Tests |
| Semester II | 2. BOS in PSY | HPSYCT1151 | Basic Psychological Processes |
| | | HPSYCP1152 | Psychology Practicum's: Experiments & Tests |
| | 3.etc. | --- | --- |



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities. Major in Psychology

Basket1: Major/Minor (Optional) course for Semester III and IV (C): Each of 02 or 04 Credits

| Semester | BOS proposing (eg.) | Major/Minor | Details of Major/Minor Course (M) | |
|--------------|---------------------|-------------|-----------------------------------|---|
| | | | CODE | Title of the Course |
| Semester III | BOS in Psychology | Major | HPSYCT1201 | Psychological Testing and Statistics - I |
| | | | HPSYCT1202 | Human Development –I |
| | | | HPSYCP1203 | Psychology Practicum's: Experiments & Tests |
| | | Minor | HPSYMT1201 | Applied Psychology –I |
| | | | HPSYMP1202 | Psychology Practicum's: Experiments & Tests |
| Semester IV | BOS in Psychology | Major | HPSYCT1251 | Psychological Testing and Statistics - II |
| | | | HPSYCT1252 | Human Development –II |
| | | | HPSYCP1253 | Psychology Practicum's: Experiments & Tests |
| | | Minor | HPSYMT1251 | Applied Psychology –II |
| | | | HPSYMP1252 | Psychology Practicum's: Experiments & Tests |



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology

Basket 3: Generic/Open Elective Course (GE)

Each BOS will suggest Generic Elective Courses (minimum one and maximum four) for semesters I and II

| | | CODE | Title of the Course |
|--------|------------|------------|-----------------------------------|
| Sem I | BOS in PSY | HPSYGE1101 | Introduction to Social Psychology |
| Sem II | BOS in PSY | HPSYGE1151 | Social Psychology |

Note: GE is to be chosen compulsory from faculty other than that of the Major.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology

Basket3: Generic/Open Elective course(GE)

Each BOS will suggest Generic Elective Courses (minimum one and maximum four) for semester III and IV

| | | CODE | Title of the Course |
|---------|------------|------------|-----------------------------------|
| Sem III | BOS in PSY | HPSYGE1201 | Introduction to Indian Psychology |
| Sem IV | BOS in PSY | HPSYGE1251 | Concepts in Indian Psychology |

Note: GE is to be chosen compulsory from faculty other than that of the Major.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Under Graduate First Year Programme, Semester I (Level 4.5) Teaching
Scheme

| | CourseCode | CourseName | CreditsAssigned | | | TeachingScheme (Hrs./ week 1Hrs.=60M.) | |
|---|------------|---|-----------------|-----------|-----------|--|-----------|
| | | | Theory | Practical | Total | Theory | Practical |
| Optional1,2,3 | HPSYCT1101 | Introduction to Psychology | 02+02+02 | | 06 | 06 | |
| | HPSYCP1102 | Psychology Practicum's: Experiments & Tests | 02+02 | 02 | 06 | 04 | 04 |
| GenericElectives | HPSYGE1101 | Introduction to Social Psychology | 02 | | 02 | 02 | |
| Vocational & Skill EnhancementCourse | HPSYSC1101 | Communication Skills-I | 02 | | 02 | 02 | |
| AbilityEnhancement Course /Languages | AECENG1101 | Compulsory English | 02 | | 02 | 02 | |
| Ability Enhancement Course /Languages | AECXXX1101 | Languages----- | 02 | | 02 | 02 | |
| IndianKnowledge System (IKS) | IKSXXX1101 | SelectfromBasket 5 | 02 | | 02 | 02 | |
| Total Credits | | | 20 | 02 | 22 | 20 | 04 |



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Under Graduate First Year Programme, Semester II

(Level 4.5) Teaching Scheme

| | Course Code | Course Name | Credits Assigned | | | Teaching Scheme (Hrs./ week 1Hrs.=60M.) | |
|--|-------------|--|------------------|-----------|-----------|---|-----------|
| | | | Theory | Practical | Total | Theory | Practical |
| Optional 1,2,3 | HPSYCT1151 | Basic Psychological Processes | 02+02+02 | | 06 | 06 | |
| | HPSYCP1152 | Psychology Practicum's: Experiments & Tests | 02+02 | 02 | 06 | 04 | 04 |
| Generic Electives | HPSYGE1151 | Social Psychology | 02 | | 02 | 02 | |
| Vocational & Skill Enhancement Course | HPSYSC1151 | Communication Skills-II | 02 | | 02 | 02 | |
| Ability Enhancement Course/ Languages | AECXXX1151 | Languages----- | 02 | | 02 | 02 | |
| Ability Enhancement Course / Languages | AECENG1101 | Compulsory English | 02 | | 02 | 02 | |
| Value Education Course (VEC) | VECCOI1151 | Constitution of India | 02 | | 02 | 02 | |
| Total Credits | | | 20 | 02 | 22 | 20 | 04 |



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Under Graduate Second Year Programme, Semester III (Level5)
Teaching Scheme

| | CourseCode | CourseName | CreditsAssigned | | | TeachingScheme (Hrs./ week 1Hrs.=60M.) | |
|---|------------|--|-----------------|-----------|-----------|--|-----------|
| | | | Theory | Practical | Total | Theory | Practical |
| Major | HPSYCT1201 | Psychological Testing and Statistics-I | 02 | -- | 02 | 02 | -- |
| | HPSYCT1202 | Human Development-I | 02 | -- | 02 | 02 | -- |
| | HPSYCP1203 | Psychology Practicum's: Experiments & Tests | -- | 04 | 04 | -- | 08 |
| Minor | HPSYMT1201 | Applied Psychology – I | 02 | -- | 02 | 02 | -- |
| | HPSYMP1202 | Psychology Practicum's: Experiments & Tests | -- | 02 | 02 | -- | 04 |
| Generic Electives | HPSYGE1201 | Introduction to Indian Psychology | 02 | -- | 02 | 02 | -- |
| Vocational & Skill Enhancement Course | HPSYVC1201 | Life Skills - I | 02 | -- | 02 | 02 | -- |
| Ability Enhancement Course /Languages | AECENG1201 | Compulsory English | 02 | -- | 02 | 02 | -- |
| | AECXXX1201 | Hin, Mar, Kan, Pal, Urd, San etc | 02 | -- | 02 | 02 | -- |
| Co-curricular Courses/Community Engagement Services (CC) (Basket6) | CCCXXX1201 | Anyone of NCC/NSS /Sports/ Culture /Health Wellness/Yoga Education/Fitness | 02 | -- | 02 | 02 | -- |
| Total Credits | | | 16 | 06 | 22 | 16 | 12 |



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Under Graduate Second Year Programme, Semester IV (Level5)
Teaching Scheme

| | CourseCode | CourseName | CreditsAssigned | | | TeachingScheme (Hrs./ week 1Hrs.=60M.) | |
|---|------------|--|-----------------|-----------|-----------|--|-----------|
| | | | Theory | Practical | Total | Theory | Practical |
| Major | HPSYCT1251 | Psychological Testing and Statistics-II | 02 | -- | 02 | 02 | -- |
| | HPSYCT1252 | Human Development-II | 02 | -- | 02 | 02 | -- |
| | HPSYCP1253 | Psychology Practicum's: Experiments & Tests | -- | 04 | 04 | -- | 08 |
| Minor | HPSYMT1251 | Applied Psychology – II | 02 | -- | 02 | 02 | -- |
| | HPSYMP1252 | Psychology Practicum's: Experiments & Tests | -- | 02 | 02 | -- | 04 |
| Generic Electives | HPSYGE1251 | Concepts in Indian Psychology | 02 | -- | 02 | 02 | -- |
| Vocational & Skill Enhancement Course | HPSYVC1251 | Life Skills - II | 02 | -- | 02 | 02 | -- |
| Ability Enhancement Course /Languages | AECENG1251 | Compulsory English | 02 | -- | 02 | 02 | -- |
| | AECXXX1251 | Hin, Mar, Kan, Pal, Urd, San etc | 02 | -- | 02 | 02 | -- |
| | VECEVS1251 | Environmental Studie | 02 | -- | 02 | 02 | -- |
| Co-curricular Courses/Community Engagement Services (CC) (Basket6) | CCCXXX1251 | Anyone of NCC/NSS /Sports/ Culture /Health Wellness/Yoga Education/Fitness | -- | -- | -- | -- | -- |
| Total Credits | | | 20 | 02 | 22 | 20 | 04 |



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Under Graduate First Year Programme, Semester I (Level 4.5)

Examination Scheme

[20% Continuous Assessment (CA) and 80% End Semester Examination (ESE)]

| Subject (1) | Course Code (2) | CourseName (3) | Theory | | | | Practical | | Total Col(7+8)] (TH) Col(9+10)] (PR) (11) | |
|---------------------------------------|-----------------------|---|----------------------------|----------------|-------------------|---------------------------------|--------------|----------------------------------|--|-----|
| | | | Continuous Assessment (CA) | | | | ESE | Continuous Assessment (CA) | | ESE |
| | | | Test I (4) | Test II (5) | Assignment (6) | Avg of T1+T2+Assi. /3 (7) | Total (8) | (9) | (10) | |
| Optional1,2,3 | HPSYCT1101 | Introduction to Psychology | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| | HPSYCP1102 | Psychology Practicum's: Experiments&Tests | --- | --- | --- | --- | --- | 10 | 40 | 50 |
| GenericElectives | HPSYGE1101 | Introduction to Social Psychology | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| Vocational & Skill EnhancementCourse | HPSYSC1101 | Communication Skills-I | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| Ability Enhancement Course /Languages | AECENG1101 | Compulsory English | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| Ability Enhancement Course/ Languages | AECXXX1151 | Languages----- | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| Indian Knowledge System (IKS) | IKSXXX1101 | Select from Basket 5 | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| | | | -- | -- | -- | -- | -- | --- | --- | 50 |



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Under Graduate First Year Programme, Semester II (Level 4.5)

Examination Scheme

[20% Continuous Assessment (CA) and 80% End Semester Examination (ESE)]

| Subject (1) | Course Code (2) | Course Name(3) | Theory | | | | Practical | | Total Col(7+8)] (TH) Col(9+10)] (PR) | |
|---------------------------------------|-----------------------|---|---------------------------|----------------|-------------------|---------------------------------|--------------|----------------------------------|--|------|
| | | | Continuous Assessment(CA) | | | | ESE | Continuous Assessment (CA) | | ESE |
| | | | TestI (4) | Test II (5) | Assignment (6) | Avg of T1+T2+Assi. /3 (7) | Total (8) | (9) | (10) | (11) |
| Optional1,2,3 | HPSYCT1151 | Basic Psychological Processes | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| | HPSYCP1152 | Psychology Practicum's: Experiments & Tests | --- | --- | --- | --- | --- | 10 | 40 | 50 |
| Generic Electives | HPSYGE1151 | Social Psychology | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| Vocational & Skill Enhancement Course | HSC1151 | Communication Skills - II | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| Ability Enhancement Course/ Languages | AECXXX1151 | Languages----- | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| Ability Enhancement Course /Languages | AECENG1101 | Compulsory English | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| Value Education Course (VEC) | IKSCOI1151 | Constitution of India | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| | | | -- | -- | -- | -- | -- | --- | --- | 50 |



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Under Graduate Second Year Programme, Semester III (Level 5)

Examination Scheme

[20% Continuous Assessment (CA) and 80% End Semester Examination (ESE)]

| Subject (1) | Course Code (2) | Course Name (3) | Theory | | | | Practical | | Total Col (7+8)] (TH) Col (9+10)] (PR) (11) | |
|--|-----------------------|--|----------------------------|----------------|-------------------|--------------------------------|--------------|----------------------------------|--|-----|
| | | | Continuous Assessment (CA) | | | | ESE | Continuous Assessment (CA) | | ESE |
| | | | Test I (4) | Test II (5) | Assignment (6) | Avg of T1+T2+Assi. /3(7) | Total (8) | (9) | (10) | |
| Major | HPSYCT1201 | Psychological Testing and Statistics-I | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| | HPSYCT1202 | Human Development-I | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| | HPSYCP1203 | Psychology Practicum's: Experiments & Tests | --- | --- | --- | --- | --- | 20 | 80 | 100 |
| Minor | HPSYMT1201 | Applied Psychology – I | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| | HPSYMP1202 | Psychology Practicum's: Experiments & Tests | --- | --- | --- | --- | --- | 10 | 40 | 50 |
| Generic Electives | HPSYGE1201 | Introduction to Indian Psychology | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| Vocational & Skill Enhancement Course | HPSYVC1201 | Life Skills - I | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| Ability Enhancement Course /Languages | AECENG1201 | Compulsory English | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| | AECXXX1201 | Hin, Mar, Kan, Pal, Urd, San etc | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| Co-curricular Courses/Community Engagement Services (CC) (Basket6) | CCCXXX1201 | Anyone of NCC/NSS /Sports/ Culture /Health Wellness/Yoga Education/Fitness | --- | --- | --- | --- | --- | --- | --- | --- |



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Under Graduate Second Year Programme, Semester IV (Level 5)

Examination Scheme

[20% Continuous Assessment (CA) and 80% End Semester Examination (ESE)]

| Subject (1) | Course Code (2) | Course Name (3) | Theory | | | | Practical | | Total Col (7+8)] (TH) Col (9+10)] (PR) | |
|--|-----------------------|--|----------------------------|----------------|-------------------|--------------------------------|--------------|----------------------------------|--|------|
| | | | Continuous Assessment (CA) | | | | ESE | Continuous Assessment (CA) | | ESE |
| | | | Test I (4) | Test II (5) | Assignment (6) | Avg of T1+T2+Assi. /3(7) | Total (8) | (9) | (10) | (11) |
| Major | HPSYCT1251 | Psychological Testing and Statistics-II | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| | HPSYCT1252 | Human Development-II | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| | HPSYCP1253 | Psychology Practicum's: Experiments & Tests | --- | --- | --- | --- | --- | 20 | 80 | 100 |
| Minor | HPSYMT1251 | Applied Psychology – II | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| | HPSYMP1252 | Psychology Practicum's: Experiments & Tests | --- | --- | --- | --- | --- | 10 | 40 | 50 |
| Generic Electives | HPSYGE1251 | Concepts in Indian Psychology | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| Vocational & Skill Enhancement Course | HPSYVC1251 | Life Skills - II | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| Ability Enhancement Course /Languages | AECENG1251 | Compulsory English | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| | AECXXX1251 | Hin, Mar, Kan, Pal, Urd, San etc | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| | VECEVS1251 | Environmental Studie | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| Co-curricular Courses/Community Engagement Services (CC) (Basket6) | CCCXXX1251 | Anyone of NCC/NSS /Sports/ Culture /Health Wellness/Yoga Education/Fitness | --- | --- | --- | --- | --- | --- | --- | --- |



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities Major in Psychology

Under Graduate First Year Programme, Semester I

Course Structure: Optional 1,2,3-Teaching Scheme (for 2 credits)

| Course Code | Course Name (Paper Title) | Teaching Scheme (Hrs.) | | Credits Assigned | | |
|------------------------|--|---------------------------|-----|------------------|-----|-------|
| | | Theory | CA | Theory | CA | Total |
| HPSYCT1101 | Introduction to Psychology | 30 | --- | 02 | --- | 02 |
| (for 2 credits) | | | | | | |
| Course Code | Course Name (Paper Title) | Teaching Scheme (Hrs.) | | Credits Assigned | | |
| | | Practical | CA | Practical | CA | Total |
| HPSYCP1102 | Psychology Practicum's: Experiments & Tests | 60 | --- | 02 | --- | 02 |

Optional 1, 2, 3- Assessment Scheme

| Course Code (2) | Course Name (3) | Theory | | | | | Practical | | Total Col(7+8)] (TH) Col(9+10)] (PR) |
|--------------------|--|--------------|---------------|-------------------|---------------------------------|-----|-----------|------|--|
| | | CA | | | | ESE | CA | ESE | |
| | | TestI (4) | TestII (5) | Assignment (6) | Avg of T1+T2+Assi. /3 (7) | (8) | (9) | (10) | (11) |
| HPSYCT1101 | Introduction to Psychology | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| HPSYCP1102 | Psychology Practicum's: Experiments &Tests | --- | --- | --- | --- | --- | 10 | 40 | 50 |



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities Major in Psychology

Under Graduate Second Year Programme, Semester III

Course Structure: Major/Minor- Teaching Scheme

(for 2 credits) Major

| Course Code | Course Name (Paper Title) | Teaching Scheme (Hrs.) | | Credits Assigned | | |
|-------------|--|---------------------------|-----|------------------|-----|-------|
| | | Theory | CA | Theory | CA | Total |
| HPSYCT1201 | Psychological Testing and Statistics - I | 30 | --- | 02 | --- | 02 |
| HPSYCT1202 | Human Development | 30 | --- | 02 | --- | 02 |

(for 4 credits) Major

| Course Code | Course Name (Paper Title) | Teaching Scheme (Hrs.) | | Credits Assigned | | |
|-------------|---|---------------------------|-----|------------------|-----|-------|
| | | Practical | CA | Practical | CA | Total |
| HPSYCP1203 | Psychology Practicum's: Experiments & Tests | 120 | --- | 04 | --- | 04 |

(for 2credits) Minor

| Course Code | Course Name (Paper Title) | Teaching Scheme (Hrs.) | | Credits Assigned | | |
|-------------|------------------------------|---------------------------|-----|------------------|-----|-------|
| | | Theory | CA | Theory | CA | Total |
| HPSYMT1201 | Applied Psychology-I | 30 | --- | 02 | --- | 02 |

(for 2credits) Minor

| Course Code | Course Name (Paper Title) | Teaching Scheme (Hrs.) | | Credits Assigned | | |
|-------------|---|---------------------------|-----|------------------|-----|-------|
| | | Practical | CA | Practical | CA | Total |
| HPSYMP1202 | Psychology Practicum's: Experiments & Tests | 60 | --- | 02 | --- | 02 |

(for 2credits) Generic Elective

| Course Code | Course Name (Paper Title) | Teaching Scheme (Hrs.) | | Credits Assigned | | |
|-------------------|-----------------------------------|---------------------------|-----|------------------|-----|-------|
| | | Theory | CA | Theory | CA | Total |
| HPSYGE1201 | Introduction to Indian Psychology | 30 | --- | 02 | --- | 02 |

(for 4 credits) Vocational & Skill Enhancement Course

| Course Code | Course Name (Paper Title) | Teaching Scheme (Hrs.) | | Credits Assigned | | |
|-------------------|------------------------------|---------------------------|-----|------------------|-----|-------|
| | | Theory | CA | Practical | CA | Total |
| HPSYVC1202 | Life Skills - I | 30 | --- | 02 | --- | 02 |



Swami Ramanand Teerth Marathwada University, Nanded

Under the Faculty of Humanities

SYLLABUS

PSYCHOLOGY

**B.A. SECOND YEAR
(UNDER GRADUATION)**

SEMESTER PATTERN

SEMESTER THIRD

Effective from Academic year 2025-2026

As per NEP-2020



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Under Graduate Second Year Programme, Semester III

Paper Code: HPSYCT1201, Title: Psychological Testing and Statistics-I (CT)

Curriculum Details

Course Pre-requisite:

1. Books
2. ICT
3. Calculator

Course Objectives:

- To train students in various psychological assessment techniques.
- To acquaint the student and make them understand the different statistical methods with their uses and interpretations
- To impart skills necessary for selecting and applying different tests for different purpose such as evaluation, training, rehabilitation, etc.

Course Outcomes:

After completing this course, students will be able to demonstrate the following competencies:

- Understand the basic psychological assessment processes and their applications in their life.
- Develop the ability to evaluate the different statistical methods and their uses.
- Develop a working knowledge of psychological tests and statistics.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYCT1201, Title: Psychological Testing and
Statistics-I (CT)
Curriculum Details: (for 2 Credits)

| Module No. | Unit No. | Topic | Hrs. Required to cover the contents 1Hrs.=60M. |
|-------------------|-----------------|--|---|
| 1.0 | | Uses & Standardization of Psychological Tests | 08 |
| | 1.1 | Functions, Uses, Nature & Definition of Psychological Tests. | |
| | 1.2 | Test Administration, Social & Ethical implications and Types of Psychological tests. | |
| | 1.3 | Stages, Characteristics & Technical Criteria of Psychological Tests. | |
| 2.0 | | Reliability and Validity of Psychological Tests | 08 |
| | 2.1 | Meaning & Types of Reliability | |
| | 2.2 | Factors Affecting Reliability Coefficients | |
| | 2.3 | Meaning & Types of Validity | |
| 3.0 | | Frequency Distributions | 07 |
| | 3.1 | Continuous & Discrete Series | |
| | 3.2 | Frequency Distributions & Histogram | |
| | 3.3 | Frequency Polygon | |
| 4.0 | | Measures of Central Tendency | 07 |
| | 4.1 | Mean – Long and Short Method | |
| | 4.2 | Median | |
| | 4.3 | Mode | |
| | | Total | 30 |

TextBooks:

1. Narke, H.J., Barve, B.N. (1999). Psychological Testing and Statistics, Aurangabad :Prerna Agency.

References:

Books for Readings:-

1. Gilford, J.P., (1954). Statistics in Psychology & Education, New Delhi : Tata McGraw Hill
 2. Garrett, H.E., (1971). Statistics in Psychology & Education, New Delhi : Tata McGraw Hill
 3. Mangal, S.K., Statistics in Psychology & Education, New Delhi :Prentice Hall Pvt. Ltd.
 4. Cronbach, Lee.J., (1972). Essential of Psychological Testing, New York : Harper & Raw
 5. Anastasi, A., (1997). Psychological Testing, New York: Mac Millan Co.
 6. Cimnero, A.R. (1986) Hand book of Behavioural Assessment, New York: John Wiley.
 7. Freeman, Frank S (1971) Theory and Practice of Psychological Testing, Oxford & IBH Publishing Co. New Delhi.
 8. Dandekar, W.N. & Rajguru, M.S. An Introduction to Psychological testing & statistics, Seth Publication.
 9. Kaplan, R.M., Saccuzzo, D.P., (2005). Psychological Testing, Principles, Applications, and Issues,
 10. Theresa, Kline, J.B., (2005). Psychological testing, A practical approach to Design and Evaluation, Pune : Sage Publication.
 11. Garrett, H.E., (1996). Statistics in Psychology and education, Bombay :Vakil and Ferrar Company
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Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Under Graduate Second Year Programme, Semester III

Paper Code: HPSYCT1202, Title: Human Development –I (CT)
Curriculum Details

Course Pre-requisite:

1. Books
2. ICT

Course Objectives:

- To provide an in-depth understanding of human development.
- To educate students about the fundamental theories of human development from birth to childhood.
- To teach students how to apply developmental theories and psychological concepts to case studies, real-life situations, or observations of child behaviour.

Course Outcomes:

After completing this course, students will be able to

- Understand the process of human development.
- Define and explain the stages of human development from conception to childhood, emphasizing important developmental tasks associated with each stage.
- Use psychological principles and developmental theories in case studies, real-life situations, or child behaviour observations.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYCT1202, Title: Human Development –I (CT)
Curriculum Details: (for 2 Credits)

| Module No. | Unit No. | Topic | Hrs. Required to cover the contents 1Hrs.=60M. |
|------------|------------|---|---|
| 1.0 | | Introduction to Human Development | 08 |
| | 1.1 | Definition, Nature, History & Principles of Human Development | |
| | 1.2 | Developmental task, Approaches & Methods of H.D. | |
| | 1.3 | Theories & Applications of Human Development | |
| 2.0 | | Forming New Life & Infancy | 08 |
| | 2.1 | Reproductive system of Male & Female, Ovaries system, Prenatal development, Sex-Determination | |
| | 2.2 | Multiple Birth, Complications of childbirth, | |
| | 2.3 | Application: Care during pregnancy & Delivery | |
| 3.0 | | Babyhood | 07 |
| | 3.1 | Nature of Babyhood, Physical & Cognitive Development, Speech & Language Development | |
| | 3.2 | Emotional & Social Development | |
| | 3.3 | Application: Parenting style & It's effect on child Development | |
| 4.0 | | Childhood | 07 |
| | 4.1 | Nature of Childhood, Physical Development in early & middle Childhood, Health & Safety | |
| | 4.2 | Piagets Approach, Mental Health of Child & It's treatment techniques, Developing Self, Self-Esteem. | |
| | 4.3 | Application : Behavioural problems in childhood | |
| | | Total | 30 |

Text Books:

1. Khalane, Shashikant. (2014). Developmental Psychology, Dhule : Atharv Publications.

References:

Books for Readings:-

1. Berger, K.S.(1980). The Developmental Person through childhood and adolescence, Worth Publisher. Inc
2. Berk, L.E.(2007). Developmental through the life span, Delhi : Pearson Education.
3. Hurlock, E.B.(1978). Child Development, New Delhi : Tata McGraw Hill Pvt. Ltd.
4. Hurlock, E.B.(1981). Developmental Psychology : A life span approach, New Delhi: Tata McGraw Hill Pvt. Ltd.
5. Papalia, D.E., Olds, S.W. & Feldman, R.D.,(2004). Human Development, : Tata McGraw Hill Pvt. Ltd.
6. Kandalkar, L.,(2000). Manav Vikas, Nagpur : Shrividya Prakashan.
7. Prabhu, V.,(1982). Niramay Kamjivan, Mumbai : Majestic Prakashan.
8. Borude, R.R., Kumthekar, M., Desai, B.H., Govalikar, S., Vaikasik Manasshastra, Pune : Pune Vidhyarthi Gruha Prakashan.
9. Bhagyawant, S.R., Bhagyawant, P.R.,(2003). Manav Vaikasik Manasshastra, Aurangabad : Renuka Prakashan.
10. Varadpande, L.,(2000). Bal vikas , Pune : Pune Vidhyarthi Gruha Prakashan.
11. Hirve, R.S., Tadsare, V.D.,(1999). Vaikasik Manasshastra, Jalgaon : Fadke Prakashan.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology

Under Graduate Second Year Programme, Semester III

**Paper Code: HPSYCP1203, Title: Psychology Practicum's:
Experiments & Tests (CP)**

Curriculum Details

Course Pre-requisite:

1. Psychological Instruments
2. Psychological Tests

Course Objectives:

- To create interest in psychological phenomena.
- To develop an awareness of psychological tools, techniques, and tests.
- To nurture the skill of observation.

Course Outcomes:

After completion of the course students will be able to:

- Show knowledge of experiments and psychological tests used in Psychology.
- Demonstrate skills of effective conduction of experiments.
- Administer, analyze, and interpret results from various psychological tools.
- Learn practical report-writing skills.



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities Major in Psychology

Paper Code: HPSYCP1203, Title: Psychology Practicum's: Experiments & Tests (CP)

Curriculum Details: (for 4 Credits)

| Module No. | Unit No. | Topic | Hrs. Required to cover the contents 1Hrs.=60M. |
|------------|----------|---|---|
| | | Any Ten Out of Fifteen | |
| | 1 | Cognitive Style Inventory | 30 |
| | 2 | Teaching Aptitude Test | |
| | 3 | Study Habit Inventory | |
| | 4 | Interest Test | 30 |
| | 5 | Vocational Interest Record | |
| | 6 | Anxiety Scale | |
| | 7 | Attitude Scale toward education | 30 |
| | 8 | Secular Attitude Scale | |
| | 9 | Old Age/Social Adjustment Test | |
| | 10 | Adjustment Inventory for College Students | 30 |
| | 11 | Adjustment Inventory for School Students | |
| | 12 | Educational/ Vocational Interest Record | |
| | 13 | Religiosity Scale | 30 |
| | 14 | Value Test | |
| | 15 | Aggression Scale | |
| | | Total | 120 |

Distribution of Marks

| ESE | | | | CA | Total |
|-----------|------|--------|-------|----------|-------|
| Procedure | Viva | Report | Total | Internal | |
| 30 | 30 | 20 | 80 | 20 | 100 |

References:

1. Rajamanickam, M. (2005). Experimental Psychology: With Advanced Experiments, Vol. 1 & 2. New Delhi: Concept Publishing Company.
 2. Parameshwari, E.G. & Rao, B. T. (1968) Manual of Experimental Psychology. Bombay: Lalvani Publishing House.
 3. Mohsin, S. M. (1975). Experiments in Psychology. Orient Longman.
 4. Mohanthy. Experiments in Psychology.
 5. Tinker, M.A. & Russell, W. A. Introduction to Methods in experimental Psychology. Appleton – Century Crofts.
 6. Jalota, S (1962). Experiments in Psychology. Asia Publishing House.
 7. Baker, L. M., Weisiger, C. & Taylor, M. W. (1960). Laboratory Experiments in General Psychology. Oxford Univ. Press.
 8. Berkowitz, L. (1974). Advanced Experimental Social Psychology. Academic Press.
 9. Sonodgrass, J. G., Levy-Berger, Hyden (1985). Human Experimental Psychology. New York: Oxford University Press.
 10. Kuppaswamy, B. (1958). Elementary Experiments in Psychology. London: Oxford University Press.
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Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities in Psychology

Under Graduate Second Year Programme, Semester III

Paper Code: HPSYMT1201, Title: Applied Psychology-I (MT)

Curriculum Details

Course Pre-requisite:

1. Books
2. ICT

Course Objectives:

- To understand the concept of body image, how it is shaped, and its impact on self-esteem and health.
- To study the relationship between the mind and body, particularly how personality, lifestyle, and immune systems impact overall well-being.
- To promote healthy living by encouraging good nutrition, physical activity, and personal responsibility for wellness.
- To impart knowledge about stress, mental health disorders, and effective psychological treatments such as psychotherapy and cognitive-behavioral therapy.

Course Outcomes:

After completing this course, students will be able to :

- Explain how body image is formed and influenced by media, and how it relates to self-perception and well-being.
- Describe the connection between mental and physical health, and identify lifestyle choices that support wellness.
- Recognize the causes and effects of stress and apply simple techniques to manage stress effectively.
- Identify common psychological disorders and understand the basic principles of their treatment through behavioral and cognitive-behavioral therapies.



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities in Psychology

Paper Code: HPSYMT1201, Title: Applied Psychology – I (MT)

Curriculum Details: (for 2 Credits)

| Module No. | Unit No. | Topic | Hrs. Required to cover the contents 1Hrs.=60M. |
|-------------------|-----------------|--|---|
| 1.0 | | Towards better Health | 08 |
| | 1.1 | Body Image : How we feel about our bodies?, Media and body image, Our ideal body | |
| | 1.2 | Health and Mind-Body Relationship : The immune system, Personality, Life style choices | |
| | 1.3 | Promoting Wellness : Taking charge of your own health, Eating sensibly, Keeping physically fit | |
| 2.0 | | Stress | 08 |
| | 2.1 | Understanding Stress | |
| | 2.2 | Reactions to Stress | |
| | 2.3 | Managing Stress | |
| 3.0 | | Understanding Mental Disorders | 07 |
| | 3.1 | Psychological Disorders | |
| | 3.2 | Anxiety Disorders | |
| | 3.3 | Mood Disorders | |
| 4.0 | | Behavioural Treatment Methods | 07 |
| | 4.1 | Psychotherapy | |
| | 4.2 | Insight Behavioural Therapies | |
| | 4.3 | Cognitive Behavioural Therapies | |
| | | Total | 30 |

Text Books:

1. Hirve, Tadsare & Tambake (2019). Jivanupayogi Manasshatra, Kolhapur: Phadke Prakashan.

References:

1. Krish, S.J., Duffy., Atwater (2015). Psychology for living Adjustment, 11th Ed., Noida : Pearson India Education Services PVT. Ltd.
2. Atwater Eastwood (1994). Psychology for living 5th Ed., New Delhi: Prentice Hall India PVT. Ltd.
3. Weiten, Wayne & Lioye, Margaret A, (2004). Psychology Applied to Modern Life 7th Ed., Singapore : Thomson, Asia Pta Ltd.
4. J. Maurus (1995). Mental Health, Bandra, Mumbai : Better Yourself Books.
5. Dr. O.P. Jaggi (1974). Mental Tension and its Cure Orient Paperbacks, Delhi : Kashmere Gate.
6. Pandit, Kulkarni & Gore (2000). Upyojit Manasshastra., Nagpur : Pimplapure & Co. Publishars
7. Palsane, Navre (1993). Upyojit Manasshastra., Vayli estern LTD Publishers
8. Tadsare, Tambake (1998). Upyojit Manasshastra., Kolhapur : Fadke Prakashan
9. Tadsare, Tambake (2004). Upyojit Manasshastra., Kolhapur : Fadke Prakashan
10. Barve, B.N. (1998). Jivanmanache Manasshastra., Jalna : Sankalp Publication



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology

Under Graduate Second Year Programme, Semester III

**Paper Code: HPSYMP1202, Title: Psychology Practicum's:
Experiments & Tests (MP)**

Curriculum Details

Course Pre-requisite:

1. Psychological Instruments
2. Psychological Tests

Course Objectives:

- To create interest in psychological phenomena.
- To develop an awareness of psychological tools, techniques, and tests.
- To nurture the skill of observation.

Course Outcomes:

After completion of the course students will be able to:

- Show knowledge of experiments and psychological tests used in Psychology.
- Demonstrate skills of effective conduction of experiments.
- Administer, analyze, and interpret results from various psychological tools.
- Learn practical report-writing skills.



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities Major in Psychology

Paper Code: HPSYMP1202, Title: Psychology Practicum's: Experiments & Tests (MP)

Curriculum Details: (for 2 Credits)

| Module No. | Unit No. | Topic | Hrs. Required to cover the contents 1Hrs.=60M. |
|------------|----------|---------------------------|---|
| | | Any Five Out of Eight | |
| | 1 | Stress Test | 15 |
| | 2 | Personality Test | |
| | | | |
| | | | |
| | 3 | Mental Health Scale | 15 |
| | 4 | Frustration Scale | |
| | | | |
| | | | |
| | 5 | Assertiveness Scale | 15 |
| | 6 | Depression Scale | |
| | | | |
| | | | |
| | 7 | Anxiety Scale | 15 |
| | 8 | Cognitive Style Inventory | |
| | | | |
| | | Total | 30 |

Distribution of Marks

| ESE | | | | CA | Total |
|-----------|------|--------|-------|----------|-------|
| Procedure | Viva | Report | Total | Internal | |
| 15 | 15 | 10 | 40 | 10 | 50 |

References:

11. Rajamanickam, M. (2005). Experimental Psychology: With Advanced Experiments, Vol. 1 & 2. New Delhi: Concept Publishing Company.
 12. Parameshwari, E.G. & Rao, B. T. (1968) Manual of Experimental Psychology. Bombay: Lalvani Publishing House.
 13. Mohsin, S. M. (1975). Experiments in Psychology. Orient Longman.
 14. Mohanthy. Experiments in Psychology.
 15. Tinker, M.A. & Russell, W. A. Introduction to Methods in experimental Psychology. Appleton – Century Crofts.
 16. Jalota, S (1962). Experiments in Psychology. Asia Publishing House.
 17. Baker, L. M., Weisiger, C. & Taylor, M. W. (1960). Laboratory Experiments in General Psychology. Oxford Univ. Press.
 18. Berkowitz, L. (1974). Advanced Experimental Social Psychology. Academic Press.
 19. Sonodgrass, J. G., Levy-Berger, Hyden (1985). Human Experimental Psychology. New York: Oxford University Press.
 20. Kuppaswamy, B. (1958). Elementary Experiments in Psychology. London: Oxford University Press.
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Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities in Psychology

Under Graduate Second Year Programme, Semester III

Paper Code: HPSYGE1201, Title: Introduction to Indian Psychology (GE)

Curriculum Details

Course Pre-requisite:

1. Books
2. ICT

Course Objectives:

- To introduce the fundamental concepts and scope of Indian psychology, focusing on its philosophical foundation
- To understand the principles and practices of Meditation and Yoga Psychology
- To explain the personality using the framework of Indian psychology

Course Outcomes:

After completing this course, students will be able to

- Understand and articulate the core principles of Indian Psychology
- Explain various forms and purposes of meditation and yoga
- Describe how Indian psychology interprets the personality



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities in Psychology

Paper Code: HPSYGE1201, Title: Introduction to Indian Psychology (GE)

Curriculum Details: (for 2 Credits)

| Module No. | Unit No. | Topic | Hrs. Required to cover the contents 1Hrs.=60M. |
|-------------------|-----------------|--|---|
| 1.0 | | Indian Psychology – Introduction | 08 |
| | 1.1 | What is Indian Psychology? | |
| | 1.2 | Difference between Indian Psychology and Western Psychology | |
| | 1.3 | Emergence of Indian Psychology, Methods of Indian Psychology | |
| 2.0 | | Meditation | 07 |
| | 2.1 | What is Meditation? | |
| | 2.2 | Yogic and Buddhist Meditation | |
| | 2.3 | Meditation and Attention | |
| 3.0 | | Yoga Psychology | 07 |
| | 3.1 | What is Yoga? | |
| | 3.2 | Yoga and its types | |
| | 3.3 | Goal and Steps of Yoga | |
| 4.0 | | Personality | 08 |
| | 4.1 | The self, the subtle body, Buddhi, Ahamkara, Citta, Manaj | |
| | 4.2 | Gross physical body | |
| | 4.3 | The five cognitive & conative senses | |
| | | Total | 30 |

References:

1. Comelissen, M. Mishra, G. & Varma, S. (2011). Foundations of Indian Psychology : Application. New Delhi : Pearson Education.
 2. Comelissen, M. Mishra, G. & Varma, S. (2011). Foundations of Indian Psychology : Theories and Concepts. New Delhi : Pearson Education.
 3. Raghunath Safaya (1976). Indian Psychology: A Critical and Historical Analysis of the Psychological Speculations in Indian Philosophical Literature, New Delhi :MunshiramManoharlal Publishers.
 4. Rao, K.R, &Paranjali, A.C. (2016). Psychology in the Indian Tradition. New Delhi : Springer.
 5. Caudhari, P.D. (2002). Bhartiyyatvdnyanachaitihas. Nagpur : shri. Mangesh Prakashan.
 6. Kumthekar, Uday.(2007). Yog Darshan. Pune : Prasad Prakashan.
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Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities in Psychology

Under Graduate Second Year Programme, Semester III

Paper Code: HPSYVC1201, Title: Life Skills -I (VC)

Curriculum Details

Course pre-requisite:

1. Books
2. ICT

Course Objectives:

1. To introduce students to Human Life Skills.
2. To develop interest among students in studying Life Skills
3. To understand the meaning and types of innate Skills
4. Knowing that self-identity is essential to living life meaningfully.

Course outcomes:

After completing this course students will be able to:

1. This will develop a framework for human life skills among students.
2. Learn important concepts including presentation skills, group discussions, etc. along with teamwork skills.
3. Knowing one's own personality and behaving positively in society.
4. Once you learn life skills, you can live with confidence.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities in PSYCHOLOGY
Paper Code : HPSYVC1201, Title: Life Skills -I (VC)
Curriculum Details: (for 2 Credits)

| Module No. | Unit No. | Topic | Hrs. Required to cover the contents 1 Hrs.= 60 M. |
|------------|------------|---|--|
| 1.0 | | Identifying Intrinsic Skills and Understanding Yourself | |
| | 1.1 | What are Intrinsic Skills? | 08 |
| | 1.2 | Self-Efficacy (Efficiency), SWOT Analysis | |
| | 1.3 | Measurement of Self – Efficacy/Self-Perception Scale | |
| 2.0 | | Fundamentals of Effective Communication Skills | |
| | 2.1 | Communication: Definition, Meaning and Process | 08 |
| | 2.2 | Types of Communication, Major Barriers to effective communication | |
| | 2.3 | Interpersonal Communication Scale/Assertiveness Scale | |
| 3.0 | | Aptitude | |
| | 3.1 | What is Aptitude? | 07 |
| | 3.2 | Types and assessment of Aptitude | |
| | 3.3 | Teaching Aptitude Test/Science Aptitude Test | |
| 4.0 | | Personality | |
| | 4.1 | Definition and Nature of Personality | 07 |
| | 4.2 | Personality and Science | |
| | 4.3 | Measurement of personality/Personality inventory | |
| | | Total | 30 |

References:

1. Bennett, G.K. Seashore, H.G., & Wesman, A.G., (1974) Manual for the Differential Aptitude Tests, 5th Ed. New York : Psychological Corporation.
 2. Bingham, walter van Dyke. (1942). Aptitudes and Aptitude Testing. (Revised Edition). New York: Harper and Brothers.
 3. Johnson David W. (1987) Reaching Out Interpersonal Effectiveness and Self Actualization, 3rd Edition, Prentice International Hall Inc.
 4. Johnson David W. and Johnson Frank P., (1987). 3rd Edition Joining Together Group Theory and Group Skills, Prentice, International Hall Inc.
 5. Eysenck, H.J. (1959), Manual for the Mandatory Personality Inventory, London : University of London Press.
 6. Anastasi Anne, (1988), Psycho-logical Testing, 6th Edition, New York : Collier-Macmillan Publishing Company,.
 7. Dolke, Ashok. (2012). Jivan kaushalye, Nashik : Y.C.M.O.U.
 8. Dolke, Aashutosh. (2012). Jivan kaushalye, Nashik : Y.C.M.O.U.
 9. Ramchandra, N. (2012). Jivan kaushalye, Nashik : Y.C.M.O.U.
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Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities Major in Psychology

Under Graduate First Year Programme, Semester II

Course Structure: *Optional 1,2,3-Teaching Scheme* (for 2 credits)

| Course Code | CourseName (Paper Title) | TeachingScheme (Hrs.) | | CreditsAssigned | | |
|------------------------|--|--------------------------|-----|-----------------|-----|-------|
| | | Theory | CA | Theory | CA | Total |
| HPSYCT1151 | Basic Psychological Processes | 30 | --- | 02 | --- | 02 |
| <i>(for 2 credits)</i> | | | | | | |
| Course Code | CourseName (Paper Title) | TeachingScheme (Hrs.) | | CreditsAssigned | | |
| | | Practical | CA | Practical | CA | Total |
| HPSYCP1152 | PsychologyPracticu m's: Experiments &Tests | 60 | --- | 02 | --- | 02 |

Optional 1,2,3 – AssessmentScheme

| CourseCode (2) | Course Name (3) | Theory | | | | | Practical | | Total Col(7+8)] (TH) Col(9+10)] (PR) |
|-------------------|---|--------------|---------------|-------------------|---------------------------------|-----|-----------|------|--|
| | | CA | | | | ESE | CA | ESE | |
| | | TestI (4) | TestII (5) | Assignment (6) | Avg of T1+T2+Assi. /3 (7) | (8) | (9) | (10) | (11) |
| HPSYCT1151 | Basic Psychological Processes | 10 | 10 | 10 | 10 | 40 | --- | --- | 50 |
| HPSYCP1152 | PsychologyPra cticum's: Experiments &Tests | --- | --- | --- | --- | --- | 10 | 40 | 50 |

Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities Major in Psychology

Under Graduate Second Year Programme, Semester IV

Course Structure: Major/Minor- Teaching Scheme

(for 2 credits) Major

| Course Code | Course Name (Paper Title) | Teaching Scheme (Hrs.) | | Credits Assigned | | |
|------------------------------|---|---------------------------|-----|------------------|-----|-------|
| | | Theory | CA | Theory | CA | Total |
| HPSYCT1251 | Psychological Testing and Statistics - II | 30 | --- | 02 | --- | 02 |
| HPSYCT1252 | Human Development - II | 30 | --- | 02 | --- | 02 |
| <i>(for 4 credits) Major</i> | | | | | | |
| Course Code | Course Name (Paper Title) | Teaching Scheme (Hrs.) | | Credits Assigned | | |
| | | Practical | CA | Practical | CA | Total |
| HPSYCP1253 | Psychology Practicum's: Experiments & Tests | 120 | --- | 04 | --- | 04 |

(for 2credits) Minor

| Course Code | Course Name (Paper Title) | Teaching Scheme (Hrs.) | | Credits Assigned | | |
|-----------------------------|---|---------------------------|-----|------------------|-----|-------|
| | | Theory | CA | Theory | CA | Total |
| HPSYMT1251 | Applied Psychology-II | 30 | --- | 02 | --- | 02 |
| <i>(for 2credits) Minor</i> | | | | | | |
| Course Code | Course Name (Paper Title) | Teaching Scheme (Hrs.) | | Credits Assigned | | |
| | | Practical | CA | Practical | CA | Total |
| HPSYMP1252 | Psychology Practicum's: Experiments & Tests | 60 | --- | 02 | --- | 02 |

(for 2credits) Generic Elective

| Course Code | Course Name (Paper Title) | Teaching Scheme (Hrs.) | | Credits Assigned | | |
|--|-------------------------------|---------------------------|-----|------------------|-----|-------|
| | | Theory | CA | Theory | CA | Total |
| HPSYGE1251 | Concepts in Indian Psychology | 30 | --- | 02 | --- | 02 |
| (for 4 credits) Vocational & Skill Enhancement Course | | | | | | |
| Course Code | Course Name (Paper Title) | Teaching Scheme (Hrs.) | | Credits Assigned | | |
| | | Theory | CA | Practical | CA | Total |
| HPSYVC1252 | Life Skills - II | 30 | --- | 02 | --- | 02 |



Swami Ramanand Teerth Marathwada University, Nanded

Under the Faculty of Humanities

SYLLABUS

PSYCHOLOGY

**B.A. SECOND YEAR
(UNDER GRADUATION)**

SEMESTER PATTERN

SEMESTER FORTH

Effective from Academic year 2025-2026

As per NEP-2020



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Under Graduate Second Year Programme, Semester IV

**Paper Code: HPSYCT1251, Title: Psychological Testing & Statistics
– II (CT)**

Curriculum Details

Course Pre-requisite:

1. Books
2. ICT
3. Calculator

Course Objectives:

- To train students in various psychological assessment techniques.
- To acquaint the student and make them understand the different statistical methods with their uses and interpretations
- To impart skills necessary for selecting and applying different tests for different purpose such as evaluation, training, rehabilitation etc.

Course Outcomes:

After completing this course students will be able to demonstrate the following competencies:

- Understand the basic psychological assessment processes and their applications in their life.
- Develop the ability to evaluate the different statistical methods and uses.
- Develop a working knowledge of psychological tests and statistics.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYCT1251, Title: Psychological Testing & Statistics –
II (CT)

Curriculum Details: (for 2 Credits)

| Module No. | Unit No. | Topic | Hrs. Required to cover the contents 1Hrs.=60M. |
|-------------------|-----------------|--|---|
| 1.0 | | Measurement of Intelligence | 08 |
| | 1.1 | Definition & Historical Background of Psychological Testing | |
| | 1.2 | Binet's & Wechsler's Contribution in Measurement of Intelligence | |
| | 1.3 | Performance Tests of Intelligence | |
| 2.0 | | Measurement of Personality | 08 |
| | 2.1 | Definition, Self Report Inventories, MMPI | |
| | 2.2 | Evaluation of Personality Inventories | |
| | 2.3 | Performance Test of Personality, Rating Scales, Nominating Technique | |
| 3.0 | | Measures of Variability | 07 |
| | 3.1 | The Range, The Quartile Deviation | |
| | 3.2 | Average Deviation | |
| | 3.3 | The Standard Deviation | |
| 4.0 | | Correlation | 07 |
| | 4.1 | Definition & Types of Correlation | |
| | 4.2 | Rank difference Correlation | |
| | 4.3 | Product Moment Correlation | |
| | | Total | 30 |

Text Books:

1. Narke, H.J., Barve, B.N. (1999). Psychological Testing and Statistics, Aurangabad :Perna Agency.

References:

Books for Readings:-

1. Gilford, J.P., (1954). Statistics in Psychology & Education, New Delhi : Tata McGraw Hill
 2. Garrett, H.E., (1971). Statistics in Psychology & Education, New Delhi : Tata McGraw Hill
 3. Mangal, S.K., Statistics in Psychology & Education, New Delhi : Prentice Hall Pvt. Ltd.
 4. Cronbach, Lee.J., (1972). Essential of Psychological Testing, New York : Harper & Raw
 5. Anastasi, A., (1997). Psychological Testing, New York: Mac Millan Co.
 6. Cimnero, A.R. (1986) Hand book of Behavioural Assessment, New York: John Wiley.
 7. Freeman, Frank S (1971) Theory and Practice of Psychological Testing, Oxford & IBH Publishing Co. New Delhi.
 8. Dandekar, W.N. & Rajguru, M.S. An Introduction to Psychological testing & statistics, Seth Publication.
 9. Kaplan, R.M., Saccuzzo, D.P., (2005). Psychological Testing, Principles, Applications, and Issues,
 10. Theresa, Kline, J.B., (2005). Psychological testing, A practical approach to Design and Evaluation, Pune : Sage Publication.
 11. Garrett, H.E., (1996). Statistics in Psychology and education, Bombay : Vakil and Ferrar Company.
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Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Under Graduate Second Year Programme, Semester IV

Paper Code: HPSYCT1252, Title: Human Development - II (CT)
Curriculum Details

Course Pre-requisite:

1. Books
2. ICT

Course Objectives:

- To impart knowledge to students about the physical, cognitive, emotional, and social changes that occur during each stage of human development, from adolescence to late adulthood
- To explain the major stages of human development from adolescence to late adulthood
- To educate students about the major developmental stages, including puberty, career beginnings, midlife shifts, and ageing-related changes

Course Outcomes:

After completing this course, students will be able to

- Explain the major stages of human development from adolescence to late adulthood, considering biological, psychological, emotional, and social perspectives
- Describe key physical and cognitive changes across developmental stages, including puberty, ageing, and brain development, and how they impact behavior and mental health.
- Develop a comprehensive lifespan perspective that incorporates knowledge of growth, stability, and change to guide personal and professional development in psychology



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYCT1252, Title: Human Development - II (CT)
Curriculum Details: (for 2 Credits)

| Module No. | Unit No. | Topic | Hrs. Required to cover the contents 1Hrs.=60M. |
|------------|------------|---|---|
| 1.0 | | Adolescence | 08 |
| | 1.1 | Nature of Adolescence, Puberty: the end of childhood, physical & mental health, Cognitive development | |
| | 1.2 | Developing career, Relationship with family & Peer | |
| | 1.3 | Application : Sexuality | |
| 2.0 | | Young Adulthood | 08 |
| | 2.1 | Nature of young adulthood, Physical development, Starting a career | |
| | 2.2 | Foundations of intimate relationship, Marriage | |
| | 2.3 | Application : Parenthood | |
| 3.0 | | Middle Adulthood | 07 |
| | 3.1 | Nature of middle adulthood, Physical development, Health, Work in middle adulthood | |
| | 3.2 | Change in relationship at middle adulthood | |
| | 3.3 | Application : Relationship with maturing children and aging parents | |
| 4.0 | | Late Adulthood | 07 |
| | 4.1 | Nature of late adulthood, Physical change of late adulthood, physical & mental health, Work | |
| | 4.2 | Retirement & Leisure, relationship in late life, widowhood & single life, Old age home, death & bereavement | |
| | 4.3 | Application : Death Management | |
| | | Total | 30 |

TextBooks:

2. Khalane, Shashikant. (2014). Developmental Psychology ,Dhule :Atharv Publications

References:

Books for Readings:-

1. Berger, K.S.(1980). The Developmental Person through childhood and adolescence, Worth Publisher. Inc
 2. Berk, L.E.(2007). Developmental through the life span, Delhi : Pearson Education.
 3. Hurlock, E.B.(1978). Child Development, New Delhi : Tata McGraw Hill Pvt. Ltd.
 4. Hurlock, E.B.(1981). Developmental Psychology : A life span approach, New Delhi: Tata McGraw Hill Pvt. Ltd.
 5. Papalia, D.E., Olds, S.W. & Feldman, R.D.,(2004). Human Development, : Tata McGraw Hill Pvt. Ltd.
 6. Kandalkar, L.,(2000). Manav Vikas, Nagpur : Shrividya Prakashan.
 7. Prabhu, V.,(1982). Niramay Kamjivan, Mumbai : Majestic Prakashan.
 8. Borude, R.R., Kumthekar, M., Desai, B.H., Govalikar, S., Vaikasik Manasshastra, Pune : Pune Vidhyarthi Gruha Prakashan.
 9. Bhagyawant, S.R., Bhagyawant, P.R.,(2003). Manav Vaikasik Manasshastra, Aurangabad : Renuka Prakashan.
 10. Varadpande, L.,(2000). Bal vikas , Pune : Pune Vidhyarthi Gruha Prakashan.
 11. Hirve, R.S., Tadsare, V.D.,(1999). Vaikasik Manasshastra, Jalgaon : Fadke Prakashan.
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Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities Major in Psychology

Under Graduate Second Year Programme, Semester IV

**Paper Code: HPSYCP1253, Title: Psychology Practicum's:
Experiments & Tests (CP)**

Curriculum Details

Course Pre-requisite:

1. Psychological Instruments
2. Psychological Tests

Course Objectives:

- To create interest in psychological phenomena.
- To develop an awareness of psychological tools, techniques, and tests.
- To nurture the skill of observation.

Course Outcomes:

After completion of the course students will be able to:

- Show knowledge of experiments and psychological tests used in Psychology.
- Demonstrate skills of effective conduction of experiments.
- Administer, analyze, and interpret results from various psychological tools.
- Learn practical report-writing skills.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYCP1253, Title: Psychology Practicum's: Experiments & Tests (CP)

Curriculum Details: (for 4 Credits)

| Module No. | Unit No. | Topic | Hrs. Required to cover the contents 1Hrs.=60M. |
|------------|----------|-----------------------------------|---|
| | | Any Ten Out of Fifteen | |
| | 1 | General Mental Alertness Test | 30 |
| | 2 | Science Aptitude Test | |
| | 3 | Child-Parent Relationship Test | |
| | 4 | Self acceptance Test | 30 |
| | 5 | Self Confidence Test | |
| | 6 | Self Concept Test | |
| | 7 | 16 PF Test | |
| | 8 | Optimistic Pessimistic Scale | 30 |
| | 9 | KNPI | |
| | 10 | Dimensional Personality Inventory | |
| | 11 | Student Examination Anxiety | |
| | 12 | Introvert Extrovert Test | 30 |
| | 13 | Youth Problem Inventory | |
| | 14 | Self esteem Scale | |
| | 15 | Self Acceptance Scale | |
| | | Total | 120 |

Distribution of Marks

| ESE | | | | CA | Total |
|-----------|------|--------|-------|----------|-------|
| Procedure | Viva | Report | Total | Internal | |
| 30 | 30 | 20 | 80 | 20 | 100 |

References:

1. Rajamanickam, M. (2005). Experimental Psychology: With Advanced Experiments, Vol. 1 & 2. New Delhi: Concept Publishing Company.
 2. Parameshwarn, E.G. & Rao, B. T. (1968) Manual of Experimental Psychology. Bombay: Lalvani Publishing House.
 3. Mohsin, S. M. (1975). Experiments in Psychology. Orient Longman.
 4. Mohanthy. Experiments in Psychology.
 5. Tinker, M.A. & Russell, W. A. Introduction to Methods in experimental Psychology. Appleton – Century Crofts.
 6. Jalota, S (1962). Experiments in Psychology. Asia Publishing House.
 7. Baker, L. M., Weisiger, C. & Taylor, M. W. (1960). Laboratory Experiments in General Psychology. Oxford Univ. Press.
 8. Berkowitz, L. (1974). Advanced Experimental Social Psychology. Academic Press.
 9. Sonodgrass, J. G., Levy-Berger, Hyden (1985). Human Experimental Psychology. New York: Oxford University Press.
 10. Kuppaswamy, B. (1958). Elementary Experiments in Psychology. London: Oxford University Press.
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Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Under Graduate Second Year Programme, Semester IV

Paper Code: HPSYMT1251, Title: Applied Psychology-II (MT)

Curriculum Details

Course Pre-requisite:

1. Books
2. ICT

Course Objectives:

- To help students understand how personal control and decision-making influence personal growth, career choices, and life satisfaction.
- To explore the importance of meaningful relationships, including friendship, love, and commitment, and how to build and maintain them.
- To guide students in using leisure time positively and managing social challenges like loneliness and shyness for overall well-being.

Course Outcomes:

After completing this course, students will be able to:

- Understand how personal control and decision-making affect personal, academic, and career development.
- Form, maintain, and improve friendships and intimate relationships through better communication and understanding.
- Manage common social problems such as shyness, loneliness, and adjusting to new relationships to support mental and emotional health.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYMT1251, Title: Applied Psychology (MT)
Curriculum Details: (for 2 Credits)

| Module No. | Unit No. | Topic | Hrs. Required to cover the contents 1Hrs.=60M. |
|-------------------|-----------------|---|---|
| 1.0 | | Personal Control and Decision Making | 08 |
| | 1.1 | Personal Control | |
| | 1.2 | Decision Making | |
| | 1.3 | Decision and Personal growth | |
| 2.0 | | At Work and At Play | 08 |
| | 2.1 | At Work : Taking stalk of yourself, Identifying compatible careers, | |
| | 2.2 | Arriving at your career decision ,Landing a job, changing jobs or careers | |
| | 2.3 | At Play : What is leisure, using leisure positively, Leisure across adulthood. | |
| 3.0 | | Meeting People- Making Friends | 07 |
| | 3.1 | First impression, mistaken impression | |
| | 3.2 | Keeping friends, When friends get together, self-Disclosure, Gender difference in friendship | |
| | 3.3 | Staying friends, When It's hard to make friends, shyness, loneliness | |
| 4.0 | | Love and Commitment | 07 |
| | 4.1 | The love is many splendored things – definitions, Love and Friendship, Love & Attachment | |
| | 4.2 | Finding love, Online dating, Importance of self disclosure, Marriage and other committed relationship | |
| | 4.3 | Cohabitation, Adjusting to intimate relationship | |
| | | Total | 30 |

Text Books:

1. Hirve, Tadsare & Tambake (2019). Jivanupayogi Manasshatra, Kolhapur: Phadke Prakashan.

References:

1. Krish, S.J., Duffy., Atwater (2015). Psychology for living Adjustment, 11th Ed., Noida : Pearson India Education Services PVT. Ltd.
 2. Atwater Eastwood (1994). Psychology for living 5th Ed., New Delhi: Prentice Hall India PVT. Ltd.
 3. Weiten, Wayne & Lioye, Margaret A, (2004). Psychology Applied to Modern Life 7th Ed., Singapore : Thomson, Asia Pta Ltd.
 4. J. Maurus (1995). Mental Health, Bandra, Mumbai : Better Yourself Books.
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 6. Pandit, Kulkarni & Gore (2000). Upyojit Manasshastra., Nagpur : Pimplapure & Co. Publishars
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Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities Major in Psychology

Under Graduate Second Year Programme, Semester IV

**Paper Code: HPSYMP1252, Title: Psychology Practicum's:
Experiments & Tests (MP)**

Curriculum Details

Course Pre-requisite:

1. Psychological Instruments
2. Psychological Tests

Course Objectives:

- To create interest in psychological phenomena.
- To develop an awareness of psychological tools, techniques, and tests.
- To nurture the skill of observation.

Course Outcomes:

After completion of the course students will be able to:

- Show knowledge of experiments and psychological tests used in Psychology.
- Demonstrate skills of effective conduction of experiments.
- Administer, analyze, and interpret results from various psychological tools.
- Learn practical report-writing skills.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYMP1252, Title: Psychology Practicum's:
Experiments & Tests (MP)
Curriculum Details: (for 2 Credits)

| Module No. | Unit No. | Topic | Hrs. Required to cover the contents 1Hrs.=60M. |
|------------|----------|--------------------------|---|
| | | Any Five Out of Eight | |
| | 1 | Decision Making | 15 |
| | 2 | Reasoning | |
| | | | |
| | | | |
| | 3 | Career Decision Scale | 15 |
| | 4 | Shyness | |
| | | | |
| | | | |
| | 5 | Marital Adjustment Scale | 15 |
| | 6 | Loneliness Scale | |
| | | | |
| | | | |
| | 7 | Adjustment Scale | 15 |
| | 8 | Self Disclosure Scale | |
| | | | |
| | | Total | 60 |

Distribution of Marks

| ESE | | | | CA | Total |
|-----------|------|--------|-------|----------|-------|
| Procedure | Viva | Report | Total | Internal | |
| 15 | 15 | 10 | 40 | 10 | 50 |

References:

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 12. Parameshwari, E.G. & Rao, B. T. (1968) Manual of Experimental Psychology. Bombay: Lalvani Publishing House.
 13. Mohsin, S. M. (1975). Experiments in Psychology. Orient Longman.
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 18. Berkowitz, L. (1974). Advanced Experimental Social Psychology. Academic Press.
 19. Sonodgrass, J. G., Levy-Berger, Hyden (1985). Human Experimental Psychology. New York: Oxford University Press.
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Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology

Under Graduate Second Year Programme, Semester IV

Paper Code: HPSYGE1251, Title: Concepts in Indian Psychology (GE)

Curriculum Details

Course Pre-requisite:

1. Books
2. ICT

Course Objectives:

- To introduce the basic mental processes like memory, attention, perception, reasoning, affection, and consciousness from the Indian psychological perspective.
- To explore how the Indian Psychology view of mind and its activities explains human behaviour and consciousness.
- To understand how Indian Psychology can help in building mental health and improving well-being.

Course Outcomes:

After completing this course, students will be able to:

- Identify and explain the main mental processes, the concept of mind and consciousness as described in Indian Psychology.
- Apply principles of Indian Psychology to improve concentration, self-awareness, and constructive thinking.
- Explain the role of Indian psychology in promoting mental health and emotional well-being.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYGE1251, Title: Concepts in Indian Psychology
(GE)

Curriculum Details: (for 2 Credits)

| Module No. | Unit No. | Topic | Hrs. Required to cover the contents 1Hrs.=60M. |
|-------------------|-----------------|--|---|
| 1.0 | | Mental functions | 08 |
| | 1.1 | Cognition, Perception, Doubtful Perception, Extra-sensory Perception | |
| | 1.2 | Memory, Attention | |
| | 1.3 | Reasoning, Affection | |
| 2.0 | | Mind | 08 |
| | 2.1 | The fivefold mental activities | |
| | 2.2 | Modification of the thinking principle | |
| | 2.3 | Auto suggestion & mental distraction, How to build mental health | |
| 3.0 | | Consciousness | 07 |
| | 3.1 | The Dream | |
| | 3.2 | Classification of Dreams, Theories of Dreams | |
| | 3.3 | Sleep Theory, Super consciousness | |
| 4.0 | | Implications and Applications of Indian Psychology | 07 |
| | 4.1 | Socio-Political & Therapeutic Implications | |
| | 4.2 | Understanding Extra ordinary Human experience | |
| | 4.3 | Implications for health and wellness | |
| | | Total | 30 |

References:

1. Comelissen, M. Mishra, G. & Varma, S. (2011). Foundations of Indian Psychology : Application. New Delhi : Pearson Education.
 2. Comelissen, M. Mishra, G. & Varma, S. (2011). Foundations of Indian Psychology : Theories and Concepts. New Delhi : Pearson Education.
 3. Raghunath Safaya (1976). Indian Psychology: A Critical and Historical Analysis of the Psychological Speculations in Indian Philosophical Literature, New Delhi :MunshiramManoharlal Publishers.
 4. Rao, K.R, &Paranjali, A.C. (2016). Psychology in the Indian Tradition. New Delhi : Springer.
 5. Caudhari, P.D. (2002). Bhartiyatvdnyanachaitihas. Nagpur : shri. Mangesh Prakashan.
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Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities Major in Psychology

Under Graduate Second Year Programme, Semester IV

Paper Code : HPSYVC1251, Title: Life Skills –II (VC)

Curriculum Details

Course pre-requisite:

1. Books
2. ICT

Course Objectives:

- 1) To introduce students to Human Life Skills.
- 2) To develop interest among students in studying Life Skills
- 3) Understand the meaning and types of innate skills
- 4) Knowing that self-identity is essential to living life meaningfully

Course outcomes:

After completing this course students will be able to:

- 1) This will develop a framework for human life skills among students.
- 2) Learn important concepts including presentation skills, group discussions, etc. along with teamwork skills.
- 3) Knowing one's own personality and behaving positively in society.
- 4) Once you learn life skills, you can live with confidence.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in PSYCHOLOGY (DSC)
Paper Code : HPSYVC1251, Title: Life Skills –II (VC)
Curriculum Details: (for 2 Credits)

| Module No. | Unit No. | Topic | Hrs. Required to cover the contents 1 Hrs.=60 M. |
|------------|------------|---|---|
| 1.0 | | Listening Skills | |
| | 1.1 | The Process of listening | 08 |
| | 1.2 | Barriers to the listening process, Improving listening skills | |
| | 1.3 | Communication Skills Inventory | |
| 2.0 | | Image Management | |
| | 2.1 | Image Management format, Creating a good image | 08 |
| | 2.2 | Qualities to create a good first impression, Social skills | |
| | 2.3 | Social Skills Scale | |
| 3.0 | | Presentation Skills | |
| | 3.1 | Introduction | 07 |
| | 3.2 | Presentation skills and Important stages of a presentation | |
| | 3.3 | Measurement of self-confidence | |
| 4.0 | | Group Discussion Skills | |
| | 4.1 | What is a group discussion? Structure of a group discussion | 07 |
| | 4.2 | Evaluation process, Roles of people in a group | |
| | 4.3 | Group Cohesiveness Scale | |
| | | Total | 30 |

References:

1. Bennett, G.K. Seashore, H.G., & Wesman, A.G., (1974) Manual for the Differential Aptitude Tests, 5th Ed. New York : Psychological Corporation.
 2. Bingham, walter van Dyke. (1942). Aptitudes and Aptitude Testing. (Revised Edition). New York : Harper and Brothers.
 3. Johnson David W. (1987) Reaching Out Interpersonal Effectiveness and Self Actualization, 3rd Edition, Prentice International Hall Inc.
 4. Johnson David W. and Johnson Frank P., (1987). 3rd Edition Joining Together Group Theory and Group Skills, Prentice, International Hall Inc.
 5. Eysenck, H.J. (1959), Manual for the Mandatory Personality Inventory, London : University of London Press.
 6. Anastasi Anne, (1988), Psycho-logical Testing, 6th Edition, New York : Collier-Macmillan Publishing Company,.
 7. Dolke, Ashok. (2012). Jivan kaushalye, Nashik : Y.C.M.O.U.
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 9. Ramchandra, N. (2012). Jivan kaushalye, Nashik : Y.C.M.O.U.
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GUIDELINES FOR COURSE ASSESSMENT:

A. Continuous Assessment (CA) (20% of the Maximum Marks):

This will form 20% of the Maximum Marks and will be carried out throughout the semester. It may be done by conducting **Two Tests and one Assignment**. Average of marks scored in these two tests and one assignment of a theory paper will make C.A.

B. End Semester Assessment (80% of the Maximum Marks):

(For illustration we have considered a paper of 02 credits, 50 marks and need to be modified depending upon credits of individual paper)

1. **ESA Question paper will consist of 6 questions. Each of 10 marks for 2 Cr. pattern and 15 marks for 3 Cr. pattern.**
2. **There will be 4-5 subquestions in Question No. 1**
3. **Question No. 1 will be compulsory and shall be based on entire syllabus.**
4. **Students are required to solve a total of 4 Questions.**
5. **Students need to solve ANY THREE of the remaining Five Question (Q.2 to Q.6) and shall be based on entire syllabus.**

C. Assessment of Term Work/Tutorial/Field Works:

At least 06 test / assignments covering entire syllabus must be given during the 'class wise tutorial'. The assignments should be students' centric and attempts be made to make assignments more meaningful, interesting and innovative.

Term work assessments must be based on overall performance of the student with every assignment graded time to time. The grades be converted to marks as per 'credit and grading system' manual and should be added and averaged.

D. Assessment of Community Engagement Services:

Students have freedom to take more than one CES/CC courses, however, marks of the best performing CES/CC be considered for final assessment. Assessment of the CES/CC courses be done by the respective course coordinators depending on the performance of the student and his participation in the international, national, state, university, college level events or camps, wherever applicable. In other cases, performance of a student be assessed depending on his/her regularity, participation in the regular activities in the semester.

Note: Number of lectures required to cover syllabus of a course depend on number of credits assigned to it. For example, for a two-credit course, 30 lectures each of one hour duration are assigned, while that for a three-credit course 45 lectures.

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